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KPL Nonfiction April 2017

Ancient Worlds: A Global History of Antiquity

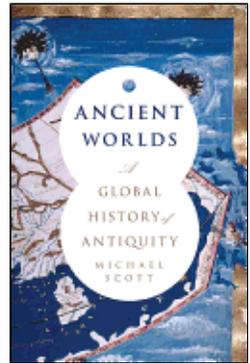
by Michael Scott

Published 2016 by Basic Books

Hardcover, English. ISBN: 9780465094721

[Find this book in our catalog.](#)

Jacket Notes:



"As panoramic as it is learned, this is ancient history for our globalized world."

Tom Holland, author of *Dynasty* and *Rubicon*

Twenty-five-hundred years ago, civilizations around the world entered a revolutionary new era that overturned old order and laid the foundation for our world today. In the face of massive social changes across three continents, radical new forms of government emerged; mighty wars were fought over trade, religion, and ideology; and new faiths were ruthlessly employed to unify vast empires. The histories of Rome and China, Greece and India—the stories of Constantine and Confucius, Qin Shi Huangdi and Hannibal—are here revealed to be interconnected incidents in the midst of a greater drama.

In *Ancient Worlds*, historian Michael Scott presents a gripping narrative of this unique age in human civilization, showing how diverse societies responded to similar pressures and how they influenced one another: through conquest and conversion, through trade in people, goods, and ideas.

An ambitious reinvention of our grandest histories, *Ancient Worlds* reveals new truths about our common human heritage.

"A bold and imaginative page-turner that challenges ideas about the world of antiquity."

Peter Frankopan, author of *The Silk Roads*

[Read or Write a Comment ►](#)

Hank: The Short Life and Long Country Road of Hank Williams

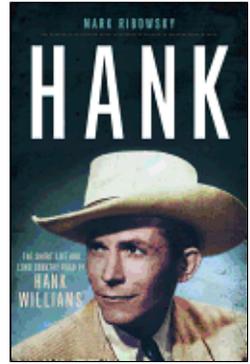
by Mark Ribowsky

Published 2016 by Liveright Publishing Corporation

Hardcover, English. ISBN: 9781631491573

[Find this book in our catalog.](#)

Jacket Notes:



After he died in the backseat of a Cadillac at the age of twenty-nine, Hank Williams—a frail, flawed man who had become country music's most compelling and popular star—instantly morphed into its first tragic martyr. Having hit the heights in the postwar era with simple songs of heartache and star-crossed love, he would, with that outlaw swagger, become in death a template for the rock generation to follow. But unlike those other musical giants who never made thirty, no legacy endures quite like that of the "Hillbilly King."

Now presenting the first fully realized biography of Hiram King Williams in a generation, Mark Ribowsky vividly returns us to the world of country's origins, in this case 1920s Alabama, where Williams was born into the most trying of circumstances, which included a dictatorial mother, a henpecked father, and an agonizing spinal condition. Forced by his overbearing matriarch to do odd jobs—selling peanuts, shining shoes—young Hank soon found respite in street-corner blues man Rufus "Tee Tot" Payne, who showed him how to make a guitar sing. It wasn't long before young Hank found his way onto those nascent American radio airwaves, where his melodic voice and timely tunes slowly garnered a following. On that dusty path to early stardom, Hank was indefatigably supported by his overbearing mother, who would shepherd his band, the Driftin' Cowboys, to shows along backroads of the Jim Crow South. Yet it was a different woman who would supply Hank with the fuel he needed to explode out of the local spotlight: his sometimes wife, Audrey Mae Sheppard. As Ribowsky brilliantly evokes, their fiery relationship—as abusive as it was passionate—would inform nearly every song he ever wrote, and provide a template for country music for generations to follow.

In chronicling Hank's rise to stardom, Ribowsky also explores all those cautionary tales that have, until now, remained secreted beneath the grooves of his records. Drawing from new interviews, Ribowsky connects those seemingly eternal afternoons and nights spent choked in booze and desperation to the music that Williams would create. With remarkable nuance and insight, Ribowsky allows us to witness the man behind the tipped cowboy hat—the charismatic troubadour who hid the wounds of his domestic quarrels, relied on painkillers to get through the day, and was always teetering on the edge of tragedy, even when he saw the light.

Tracing the singular rise of a music legend from the street corners of the Depression-era South to the now-immortal stage of the Grand Ole Opry, and finally to a haunting, lonely end on New Year's Day 1953, *Hank* uncovers the real man beneath the myths, reintroducing us to an American original whose legacy, like a good night at the honkytonk, promises to carry on and on.

[Read or Write a Comment ►](#)

Publishers Weekly 12/05/2016

Country singer Hank Williams's story is already so well known that Ribowsky's (*Dreams to Remember*) entertaining, critical biography reveals no newly uncovered information about him. Nevertheless, Ribowsky is an engaging storyteller, and he tells Williams's story with such verve and humor albeit with some over-the-top phrasing (he was a dysfunction junction; a Hank seemed like an afterthought lying carefree in a casket) that Williams and his music come alive. He chronicles Williams's childhood in Alabama; his marriage to Audrey Mae Sheppard Guy, and their miserable but symbiotic relationship; his slow but sure rise to country music stardom on the Grand Ole Opry and WSM radio; his marriage to Billie Jean Eshliman; and his death in the back of his Cadillac on January 1, 1953, at the age of 29. Ribowsky offers cunning readings of Williams's songs: a Mansion on the Hill, a he says, reflects a familiar Williams template that is apart croon, part hoedown, and a metaphoric lament of loneliness and the promise of a reward too far. a Williams

emerges from Ribowsky's powerful biography not only as the author of many familiar country and pop favorites, such as "Hey, Good Lookin'" and "Your Cheatin' Heart," but also as a man whose back pain drove him to drink and pills and whose soul was filled more often with gloom than with light. (Nov.) Copyright 2016 Publishers Weekly. Used with permission.

Space Traveler's Guide to the Solar System

by Mark Thompson

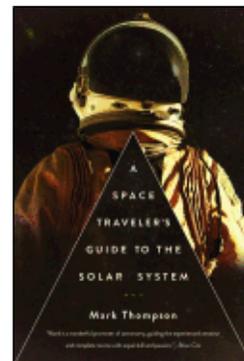
Published 2016 by Pegasus Books

Hardcover, English. ISBN: 9781681772394

[Find this book in our catalog.](#)

Jacket Notes:

On this epic voyage of discovery, astronomer Mark Thompson takes you on that journey. From how to prepare for take-off and the experience of leaving Earth's atmosphere, to the reality of living in the confines of a spaceship and the strange sensation of weightlessness, this is an adventure like no other. Suit up, strap in, and enjoy the ride! "



[Read or Write a Comment](#) ►

Publishers Weekly 09/12/2016

A departure from Earth is an emotional experience, writes British astronomer Thompson as he leads a tour from the sun to the Oort Cloud, visiting each of the planets in turn. Beginning with a careful planning of routes, Thompson tackles the ins and outs of constructing a ship that will be protected from meteorites, solar flares, and cosmic rays. For each celestial object he visits, he presents a history of human understanding of it along with what is known of its physical makeup. Thompson allows readers to imagine walking on planetary and lunar surfaces using his Reality Suspension Unit, though he discourages travelers from exploring the gas giants, which lack hard surfaces. Interesting facts abound: Mars takes its red hue from the powdered rust coating its surface, and water tanks can be refilled on the Jovian moon Europa. Thompson also considers the psychological effects of years in space, the emotional need for fresh food, and how to have sex in zero gravity. Images of scenic wonders, including the ammonia volcanoes of Titan with their close-up view of Saturn's rings, make one long for a means of interplanetary travel. Thompson's clear explanations and effusive delivery make this book a perfect companion for armchair voyagers. (Nov.) Copyright 2016 Publishers Weekly. Used with permission.

In the Darkroom

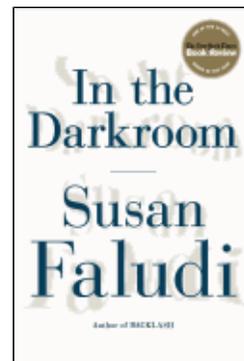
by Susan Faludi

Published 2016 by Metropolitan Books

Hardcover, English. ISBN: 9780805089080

[Find this book in our catalog.](#)

Jacket Notes:



ONE OF THE NEW YORK TIMES BOOK REVIEW'S 10 BEST BOOKS OF THE YEAR

WINNER OF THE KIRKUS PRIZE

From the Pulitzer Prize-winning journalist and bestselling author of *Backlash*, comes *In the Darkroom*, an astonishing confrontation with the enigma of her father and the larger riddle of identity consuming our age.

"In the summer of 2004 I set out to investigate someone I scarcely knew, my father. The project began with a grievance, the grievance of a daughter whose parent had absconded from her life. I was in pursuit of a scofflaw, an artful dodger who had

skipped out on so many things--obligation, affection, culpability, contrition. I was preparing an indictment, amassing discovery for a trial. But somewhere along the line, the prosecutor became a witness."

So begins Susan Faludi's extraordinary inquiry into the meaning of identity in the modern world and in her own haunted family saga. When the feminist writer learned that her 76-year-old father--long estranged and living in Hungary--had undergone sex reassignment surgery, that investigation would turn personal and urgent. How was this new parent who identified as "a complete woman now" connected to the silent, explosive, and ultimately violent father she had known, the photographer who'd built his career on the alteration of images?

Faludi chases that mystery into the recesses of her suburban childhood and her father's many previous incarnations: American dad, Alpine mountaineer, swashbuckling adventurer in the Amazon outback, Jewish fugitive in Holocaust Budapest. When the author travels to Hungary to reunite with her father, she drops into a labyrinth of dark histories and dangerous politics in a country hell-bent on repressing its past and constructing a fanciful--and virulent--nationhood. The search for identity that has transfixed our century was proving as treacherous for nations as for individuals.

Faludi's struggle to come to grips with her father's metamorphosis takes her across borders--historical, political, religious, sexual--to bring her face to face with the question of the age: Is identity something you "choose," or is it the very thing you can't escape?

[Read or Write a Comment ►](#)

Publishers Weekly 05/02/2016

Pulitzer-winning journalist and feminist author Faludias wrought and multi-layered memoir focuses on the life of her father, who came out as transgender and took the name Stefanie at the age of 76. In 2004, after nearly 25 years of estrangement, Faludi ("Backlash" and Stefanie reunite in Hungary following Stefanie's transition to explore her past and reconnect. Faludi dives into Stefanie's enigmatic past with a journalist's dogged lust for truth. During a decade of visits to Hungary, where her father relocated after a contentious divorce, Faludi examines Stefanie's complex psyche in the context of centuries of Hungarian history, with an emphasis on the war years when Stefanie was an adolescent Jewish urchin on the streets of Budapest. Through research, conversation, and relentless probing, Faludi paints a vivid picture of the war and the tormented lives and deaths of Hungarian Jews. (In one dramatic scene, Stefanie, disguised with a pilfered Arrow Cross armband and cap, rescues her own parents from the Nazis). The author also sheds light on the dangerous climate of prejudice and racism that persists in Hungary. This is a powerful and absorbing memoir of a parent/child relationship. "(June)" Copyright 2016 Publishers Weekly Used with permission.

Undoing Project: A Friendship That Changed Our Minds

by Michael Lewis

Published 2016 by W. W. Norton & Company

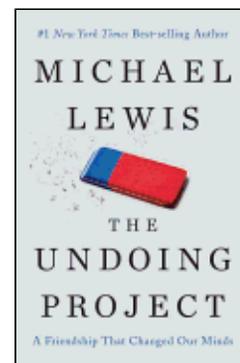
Hardcover, English. ISBN: 9780393254594

[Find this book in our catalog.](#)

Jacket Notes:

Forty years ago, Israeli psychologists Daniel Kahneman and Amos Tversky wrote a series of breathtakingly original studies undoing our assumptions about the decision-making process. Their papers showed the ways in which the human mind erred, systematically, when forced to make judgments in uncertain situations. Their work created the field of behavioral economics, revolutionized Big Data studies, advanced evidence-based medicine, led to a new approach to government regulation, and made much of Michael Lewis's own work possible. Kahneman and Tversky are more responsible than anybody for the powerful trend to mistrust human intuition and defer to algorithms.

The Undoing Project is about a compelling collaboration between two men who have the dimensions of great literary figures. They became heroes in the university and on the battlefield both had important careers in the Israeli military and their research was deeply linked to their extraordinary life experiences. Amos Tversky was a brilliant, self-confident warrior and extrovert, the center of rapt attention in any room; Kahneman, a fugitive from the Nazis in his childhood, was an introvert



whose questing self-doubt was the seedbed of his ideas. They became one of the greatest partnerships in the history of science, working together so closely that they couldn't remember whose brain originated which ideas, or who should claim credit. They flipped a coin to decide the lead authorship on the first paper they wrote, and simply alternated thereafter.

This story about the workings of the human mind is explored through the personalities of two fascinating individuals so fundamentally different from each other that they seem unlikely friends or colleagues. In the process they may well have changed, for good, mankind's view of its own mind.

"

[Read or Write a Comment ►](#)

Publishers Weekly 12/12/2016

Lewis (Flash Boys) deftly explores a timeless and fascinating subject: human decision-making through the intellectually intimate collaboration of two influential psychologists, Daniel Kahneman and Amos Tversky. The pair met in 1969 and worked together until a few years before Tversky's death in 1996. As Lewis explains, they discovered that people do not make decisions as economists long believed: as "intuitive statisticians" but rather in a chaotic fashion shot through with confirmation bias, fears of regret, sensitivity to change, the desire to avoid loss, and a propensity to mentally undo distressing outcomes. Through interviews with Tversky and Kahneman's friends, family, colleagues, rivals, and critics, as well as the psychologists' own recollections, letters, and published papers, Lewis seamlessly pieces together an informative and engagingly paced story. He begins with a step-by-step explanation of why both human minds and statistical models so often fail to produce the best choice. He then interweaves the psychologists' early lives, military service in defense of the young state of Israel, and professorial careers in both Israel and the United States with their questions, theories, and startling conclusions about how people actually make decisions. Lewis' latest effort is a joy to read, packed with "aha!" moments, telling and at times hilarious details, and elegant explanations of complex experiments and theories. (Dec. 6) Copyright 2016 Publishers Weekly Used with permission.

Start Right Where You Are: How Little Changes Can Make a Big Difference for Overwhelmed Procrastinators, Frustrated Overachievers, and Recovering

by Sam Bennett

Published 2016 by New World Library

Paperback, English. ISBN: 9781608684434

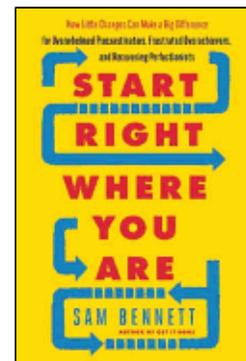
[Find this book in our catalog.](#)

Jacket Notes:

What Are You Waiting For?

An overwhelmed procrastinator, frustrated overachiever, and recovering perfectionist herself, Sam Bennett knows all the ways we avoid pursuing our dreams and reaching our goals. She also knows how to "get it done." *Start Right Where You Are* is an easy-to-read, easy-to-do guidebook for anyone who wants to change their life but doesn't know where or how to begin. Of course, the process of getting out of your own way, raising your self-esteem, improving your relationships, and making better choices can be a bumpy road. But Bennett's fun, original voice lets you know that you've got a friend along the way, a friend who offers a comforting cup of tea -- or a bracing shot of whiskey, depending. Her gentle-kiss-on-the-cheek and loving-thwack-upside-the-head attitude gives us what we all need: inspiration, shortcuts, and breathing room.

[Read or Write a Comment ►](#)



Living Zen Remindfully: Retraining Subconscious Awareness

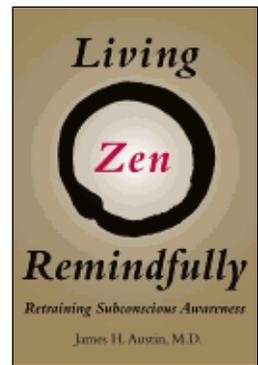
by James H Austin

Published 2016 by Mit Press

Hardcover, English. ISBN: 9780262035088

[Find this book in our catalog.](#)

Jacket Notes:



This is a book for readers who want to probe more deeply into mindfulness. It goes beyond the casual, once-in-awhile meditation in popular culture, grounding mindfulness in daily practice, Zen teachings, and recent research in neuroscience. In *Living Zen Remindfully*, James Austin, author of the groundbreaking *Zen and the Brain*, describes authentic Zen training -- the commitment to a process of regular, ongoing *daily life practice*. This training process enables us to unlearn unfruitful habits, develop more wholesome ones, and lead a more genuinely creative life.

Austin shows that mindfulness can mean more than our being conscious of the immediate -now.- It can extend into the subconscious, where most of our brain's activities take place, invisibly. Austin suggests ways that long-term meditative training helps cultivate the hidden, affirmative resource of our unconscious memory. *Remindfulness*, as Austin terms it, can help us to adapt more effectively and to live more authentic lives.

Austin discusses different types of meditation, meditation and problem-solving, and the meaning of enlightenment. He addresses egocentrism (self-centeredness) and allocentrism (other-centeredness), and the blending of focal and global attention. He explains the remarkable processes that encode, store, and retrieve our memories, focusing on the covert, helpful *remindful* processes incubating at subconscious levels. And he considers the illuminating confluence of Zen, clinical neurology, and neuroscience. Finally, he describes an everyday life of -living Zen, - drawing on the poetry of Basho, the seventeenth-century haiku master.

[Read or Write a Comment ►](#)

Shaken: Discovering Your True Identity in the Midst of Life's Storms

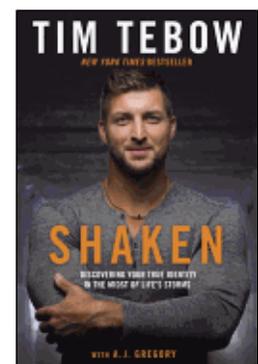
by Tim Tebow

Published 2016 by Waterbrook Press

Hardcover, English. ISBN: 9780735289864

[Find this book in our catalog.](#)

Jacket Notes:



Who are you when life is steady?

Who are you when storms come?

Most of us have been on the receiving end of rejection, a broken dream, or heartbreak. And while this is not an easy space to go through, when we are grounded in the truth, we can endure the tough times.

In this powerful book, Heisman Trophy winner Tim Tebow passionately shares glimpses of his journey staying grounded in the face of disappointment, criticism, and intense media scrutiny. Following an exceptional college football career with the Florida Gators and a promising playoff run with the Denver Broncos, Tebow was traded to the New York Jets. He was released after one season.

In *Shaken*, Tebow talks about what he's learned along the way, building confidence in his identity in God, not the world. This moving book also features practical wisdom from Scripture and insights gained from others who have impacted Tebow in life-changing ways.

Though traveling hard roads is not easy, it's always worth it!

Your Circumstances do not Define You,

Your Identity Does.

What do you do when life takes an unplanned detour? When the unexpected happens? When doubt or negativity tries to rise above your faith? Most of us can relate to these questions.

Through a dynamic lens of story and insight, Heisman trophy winner Tim Tebow tells what he's learned during the highs and the lows of his journey in the NFL. *Shaken* also features practical wisdom from the pages of Scripture and moving narratives of individuals from celebrities to cancer patients who have impacted Tebow's life. Their inspiring stories will encourage you also to tackle fear, overcome bitterness, and take on the obstacles life throws at you.

"

[Read or Write a Comment ►](#)

Publishers Weekly 08/29/2016

"God's got it" is the life-affirming slogan of Heisman Trophy winner Tebow, the football player remembered by many for his impassioned speeches, hybrid talents, and commitment to his faith he once stirred up controversy by writing Bible verses in his eye black. "Have faith," "trust God," "it's not so much who you are as whose you are," and "God has a plan" are among the encouragements that run through every chapter of this uplifting memoir. There's a lot to like here, including personal details that football fans and Christians alike will savor, as well as inspiring stories of ill and disabled children whom Tebow has helped through missions and his own charitable foundation. Critics might say it's easy for such a famous and successful person to have powerful confidence, but Tebow reminds readers that no one is immune to disappointment and doubt, and that success can bring its own burdens. Some may take issue with Tebow's simplistic affirmations of faith (including seeing God in coincidence); others will see them as the book's greatest strength. All readers will be won over by Tebow's dedication and perseverance, and admire him for staying true to service-oriented Christianity through a quite unconventional life. (Oct.) Copyright 2016 Publishers Weekly Used with permission.

Brat Pack America: A Love Letter to '80s Teen Movies

by Kevin Smokler

Published 2016 by Rare Bird Books, a Vireo Book

Paperback, English. ISBN: 9781942600671

[Find this book in our catalog.](#)

Jacket Notes:

From the fictional towns of Hill Valley, CA, and Shermer, IL, to the beautiful landscapes of the "Goondocks" in Astoria and the "time of your life" dirty dancing resort still alive and well in Lake Lure, NC, '80s teen movies left their mark not just on movie screen and in the hearts of



fans, but on the landscape of America itself. Like few other eras in movie history, the '80s teen movies has endured and gotten better with time. In *Brat Pack America*, Kevin Smokler gives virtual tours of your favorite movies while also picking apart why these locations are so important to these movies.

Including interviews with actors, writers, and directors of the era, and chock full of interesting facts about your favorite '80s movies, *Brat Pack America* is a must for any fan. Smokler went to *Goonies* Day in Astoria, OR, took a *Lost Boys* tour of Santa Cruz, CA, and deeply explored every nook and cranny of the movies we all know and love, and it shows.

[Read or Write a Comment ►](#)

Check These Out: One Librarian's Catalog of the 200 Coolest, Best, and Most Important Books You'll Ever Read

by Gina Sheridan

Published 2015 by Adams Media Corporation

Paperback, English. ISBN: 9781440585951

[Find this book in our catalog.](#)

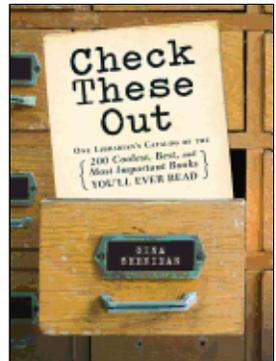
Jacket Notes:

Discover a librarian's secret stash of great reads!

We've all been there: in the library, head tilted sideways, doing our best to navigate a blur of spines and titles to find one worth reading. Luckily, the hunt is over. Librarian, author, and book devourer Gina Sheridan has sorted through the stacks to compile a list of read-worthy titles you may have skipped over in your search. *Check These Out* is her secret stash of books that have captivated her mind and soul throughout the years. Inside, she reveals a wide range of extraordinary yet uncommon stories that will completely change the way you view the world, from Michael Dorris's *A Yellow Raft in Blue Water* to Herman Melville's *The Confidence-Man: His Masquerade*. After each suggestion, Sheridan offers a hilariously clever summary as well as surprising details about the book or author.

Complete with a checklist to keep track of the titles you've read, *Check These Out* will help you discover a whole new world of literature you won't believe you missed.

[Read or Write a Comment ►](#)



Weapons of Math Destruction: How Big Data Increases Inequality and Threatens Democracy

by Cathy O'Neil

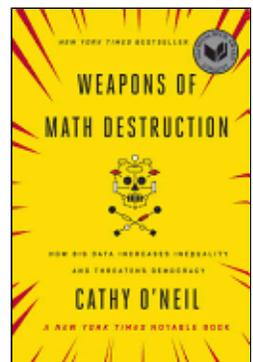
Published 2016 by Crown Publishing Group (NY)

Hardcover, English. ISBN: 9780553418811

[Find this book in our catalog.](#)

Jacket Notes:

Longlisted for the National Book Award



New York Times Bestseller

A former Wall Street quant sounds an alarm on the mathematical models that pervade modern life -- and threaten to rip apart our social fabric

We live in the age of the algorithm. Increasingly, the decisions that affect our lives--where we go to school, whether we get a car loan, how much we pay for health insurance--are being made not by humans, but by mathematical models. In theory, this should lead to greater fairness: Everyone is judged according to the same rules, and bias is eliminated.

But as Cathy O'Neil reveals in this urgent and necessary book, the opposite is true. The models being used today are opaque, unregulated, and uncontested, even when they're wrong. Most troubling, they reinforce discrimination: If a poor student can't get a loan because a lending model deems him too risky (by virtue of his zip code), he's then cut off from the kind of education that could pull him out of poverty, and a vicious spiral ensues. Models are propping up the lucky and punishing the downtrodden, creating a -toxic cocktail for democracy.- Welcome to the dark side of Big Data.

Tracing the arc of a person's life, O'Neil exposes the black box models that shape our future, both as individuals and as a society. These -weapons of math destruction- score teachers and students, sort resumes, grant (or deny) loans, evaluate workers, target voters, set parole, and monitor our health.

O'Neil calls on modelers to take more responsibility for their algorithms and on policy makers to regulate their use. But in the end, it's up to us to become more savvy about the models that govern our lives. This important book empowers us to ask the tough questions, uncover the truth, and demand change.

[Read or Write a Comment](#) ▶

Publishers Weekly 06/13/2016

This taut and accessible volume, the stuff of technophobes' nightmares, explores the myriad ways in which large-scale data modeling has made the world a less just and equal place. OaNeil speaks from a place of authority on the subject: a Barnard professor turned Wall Street quant, she renounced the latter profession after the 2008 market collapse and decided to educate laypeople. Unlike some other recent books about data collection, hers is not hysterical; she offers more of a chilly wake-up call as she walks readers through the ways the abig dataa industry has facilitated social ills such as skyrocketing college tuitions, policing based on racial profiling, and high unemployment rates in vulnerable communities. She also homes in on the ways these systems are frequently destructive even to the privileged: sloppy data-gathering companies misidentify people and flag them as criminals, and algorithms determine employee value during company-wide firings. The final chapter, in which OaNeil discusses Facebookas increasing electoral influence, feels eerily prescient. She offers no one easy solution, but has several reasonable suggestions as to how the future can be made more equitable and transparent for all. "Agent: Jay Mandel, William Morris Endeavor. (Sept.)" Copyright 2016 Publishers Weekly Used with permission.

Adnan's Story: The Search for Truth and Justice After Serial

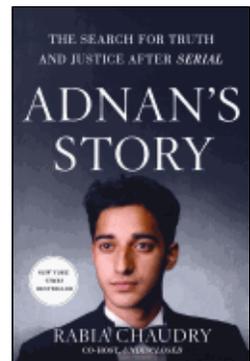
by Rabia Chaudry

Published 2016 by St. Martin's Press

Hardcover, English. ISBN: 9781250087102

[Find this book in our catalog.](#)

Jacket Notes:



Now a New York Times bestseller

A Washington Post notable nonfiction book for 2016

A Goodreads Best of 2016 Nonfiction Finalist

A Kobo Best Book of 2016

Includes an update from Rabia on Adnan's vacated murder conviction in summer 2016

Serial only told part of the story

In early 2000, Adnan Syed was convicted and sentenced to life plus thirty years for the murder of his ex-girlfriend Hae Min Lee, a high school senior in Baltimore, Maryland. Syed has maintained his innocence, and Rabia Chaudry, a family friend, has always believed him. By 2013, after almost all appeals had been exhausted, Rabia contacted Sarah Koenig, a producer at *This American Life*, in hopes of finding a journalist who could shed light on Adnan's story. In 2014, Koenig's investigation turned into *Serial*, a Peabody Award-winning podcast with more than 500 million international listeners.

But *Serial* did not tell the whole story. In this compelling narrative, Rabia Chaudry presents new key evidence that she maintains dismantles the State's case: a potential new suspect, forensics indicating Hae was killed and kept somewhere for almost half a day, and documentation withheld by the State that destroys the cell phone evidence -- among many other points -- and she shows how fans of *Serial* joined a crowd-sourced investigation into a case riddled with errors and strange twists. *Adnan's Story* also shares Adnan's life in prison, and weaves in his personal reflections, including never-before-seen letters. Chaudry, who is committed to exonerating Adnan, makes it clear that justice is yet to be achieved in this much-examined case.

"

[Read or Write a Comment ►](#)

Publishers Weekly 06/13/2016

Launched into the collective consciousness by the podcast "Serial" the investigation into Adnan Syed's involvement in the 1999 murder of his ex-girlfriend continues to fascinate in this gripping account from attorney Chaudry, a friend of Syed's family, who first brought the case to the attention of the podcast creators. Chaudry uses her unique perspective to craft a gripping and meticulously detailed account of the case including letters, court transcripts, and documentary evidence that fill in the show's gaps and provide the latest updates. Readers new to the story will have no trouble following the narrative as it is outlined extensively from the beginning and podcast listeners will find plenty of previously undisclosed material. Chaudry explains what "Serial" missed, including a lack of legal perspective, and she argues that host Sarah Koenig failed to convey the enormity of Syed's (later disbarred) attorney's incompetence. She strongly makes the case for cultural and religious bias in the investigation and conviction and presents damaging evidence of police misconduct, including tampering with evidence and a witness. She also examines other suspects and their possible motives and alibis. Syed provides running commentary that creates a depiction of the damage inflicted on a person when the system fails. Chaudry's version of a story of injustice, bigotry, faith, community, devastation, healing, and hope points to an intentional, systematic framing of Syed by investigators, allegations that will surely spark controversy as his legal ordeal continues. "(Aug.)" Copyright 2016 Publishers Weekly. Used with permission.

Danielle Walker's Against All Grain Celebrations: A Year of Gluten-Free, Dairy-Free, and Paleo Recipes for Every Occasion

by Danielle Walker

Published 2016 by Ten Speed Press

Hardcover, English. ISBN: 9781607749424

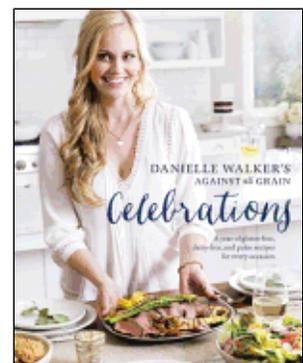
[Find this book in our catalog.](#)

Jacket Notes:

From the two-time *New York Times* best-selling author of *Against All Grain* and *Meals Made Simple*, comes 125 recipes for grain-free, dairy-free, gluten-free comfort food dishes for holidays and special occasions.

When people adopt a new diet for health or personal reasons, they worry most about the parties, holidays, and events with strong food traditions, fearing their fond memories will be lost along with the newly eliminated food groups. After suffering for years with a debilitating autoimmune disease and missing many of these special occasions herself, Danielle Walker has revived the joy that cooking for holidays can bring in *Danielle Walker's Against All Grain Celebrations*, a collection of recipes and menus for twelve special occasions throughout the year.

Featuring a variety of birthday cakes, finger foods to serve at a baby or bridal shower, and re-creations of backyard barbecue standards like peach cobbler and corn bread, Danielle includes all of the classics. There's a full Thanksgiving spread--complete with turkey and stuffing, creamy green bean casserole, and pies--and menus for Christmas dinner; a New Year's Eve cocktail party and Easter brunch are covered, along with suggestions for beverages and



cocktails and the all-important desserts. Recipes can be mixed and matched among the various occasions, and many of the dishes are simple enough for everyday cooking. Stunning full-color photographs of every dish make browsing the pages as delightful as cooking the recipes, and beautiful party images provide approachable and creative entertaining ideas.

Making recipes using unfamiliar ingredients can cause anxiety, and while trying a new menu on a regular weeknight leaves some room for error, the meal simply cannot fail when you have a table full of guests celebrating a special occasion. Danielle has transformed her most cherished family traditions into trustworthy recipes you can feel confident serving, whether you're hosting a special guest with food allergies, or cooking for a crowd of regular grain-eaters.

[Read or Write a Comment ►](#)

Publishers Weekly 08/15/2016

Walker (Against All Grain), whose need for dietary restrictions led to a personal culinary journey, refashions celebratory dishes for 12 yearly occasions. In 125 recipes, Walker show cooks how to prepare holiday favorites while meeting paleo-style requirements, transforming them into something as treasured as any traditional dish. The year of special event party menus begins with all-night New Year's Eve nibbles such as maple-chili-glazed shrimp wrapped in prosciutto and a cranberry-festooned red wine gimlet cocktail. The "Game Day" section serves up gluten- and dairy-free Buffalo wings and cauliflower bites, green chile chicken soup, and football-shaped whoopie pies. There's a romantic dinner for two of short ribs braised in cabernet and kid-friendly heart-shaped treats for Valentine's Day. An Easter brunch features leg of lamb with lavender-rosemary bouquet, asparagus prosciutto tart, and honey- and blood orange glazed ham. Mother's and Father's Day, baby and bridal showers, birthday parties, Halloween, Thanksgiving, and Christmas menus present classic dishes, modified but still full of flavor. Walker provides a special diet index, glossary of ingredients and substitutions, and paleo basics (sauces, pastry, stocks, and dressings) with "tidbits" on storage and uses. (Sept.) Copyright 2016 Publishers Weekly Used with permission.

Alton Brown: EVERYDAYCOOK: this time it's personal

by Alton Brown

Published 2016 by Ballantine Books

Hardcover, English. ISBN: 9781101885710

[Find this book in our catalog.](#)

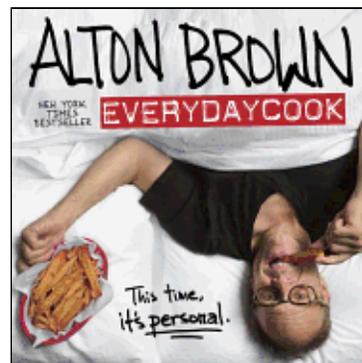
Jacket Notes:

NEW YORK TIMES BESTSELLER - My name is Alton Brown, and I wrote this book. It's my first in a few years because I've been a little busy with TV stuff and interwebs stuff and live stage show stuff. Sure, I've been cooking, but it's been mostly to feed myself and people in my immediate vicinity--which is really what a cook is supposed to do, right? Well, one day I was sitting around trying to organize my recipes, and I realized that I should put them into a personal collection. One thing led to another, and here's *EveryDayCook*. There's still plenty of science and hopefully some humor in here (my agent says that's my -wheelhouse-), but unlike in my other books, a lot of attention went into the photos, which were all taken on my iPhone (take that, Instagram) and are suitable for framing. As for the recipes, which are arranged by time of day, they're pretty darned tasty. Highlights include:

- **Morning:** Buttermilk Lassi, Overnight Coconut Oats, Nitrous Pancakes
- **Coffee Break:** Cold Brew Coffee, Lacquered Bacon, Seedy Date Bars
- **Noon:** Smoky the Meat Loaf, Grilled Cheese Grilled Sandwich, -EnchiLasagna- or -Lasagnalada-
- **Afternoon:** Green Grape Cobbler, Crispy Chickpeas, Savory Greek Yogurt Dip
- **Evening:** Bad Day Bitter Martini, Mussels-O-Miso, Garam Masalmon Steaks
- **Anytime:** The General's Fried Chicken, Roasted Chile Salsa, Peach Punch Pops
- **Later:** Cider House Fondue, Open Sesame Noodles, Chocapocalypse Cookie

So let's review: 101 recipes with mouthwatering photos, a plethora of useful insights on methods, tools, and ingredients all written by an -award-winning and influential educator and tastemaker.- That last part is from the PR office. Real people don't talk like that.

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Strong Is the New Beautiful: Embrace Your Natural Beauty, Eat Clean, and Harness Your Power

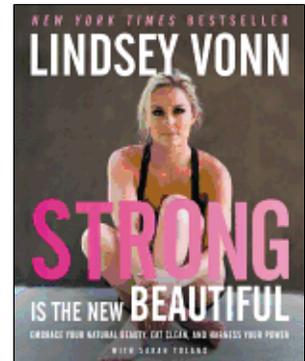
by Lindsey Vonn

Published 2016 by Dey Street Books

Hardcover, English. ISBN: 9780062400581

[Find this book in our catalog.](#)

Jacket Notes:



NEW YORK TIMES BESTSELLER

Lessons in strength, fitness, food, and attitude from the popular world champion skier and beauty icon--Olympic gold medalist Lindsey Vonn.

Olympic Alpine skier Lindsey Vonn wants women to stop thinking about "losing weight fast," and instead focus on loving their bodies for what they are and what they can do. Lindsey is a small-town Minnesota girl at heart turned world-champion skier, but that didn't come without hard work. In *Strong Is the New Beautiful*, Lindsey lays out the never-before-seen training routines and her overall philosophy that have helped her become the best female skier in the world--tailored for women of all shapes and sizes. Lindsey backs up her fitness program with advice on what to eat and how to work out, and kicks readers into high-gear, helping bolster their self-confidence and build a better body image, with the tips and tricks she's learned as a pro.

This is Lindsey's regimen, and she encourages people to take from it what will work for them. She bounced back from injury not by doing every single thing a trainer said, but instead, by thinking about the fitness plan that would work for her, and eating the right foods that would make her feel and get healthy. In *Strong Is the New Beautiful*, she interweaves her training and diet regimen with compelling stories of her life growing up in the heartland, her love of skiing, the challenges she's faced--including injuries, illness, and depression--and her secrets to wellness, fitness, and recovery.

Supported by cutting-edge science and the latest studies on health and exercise, filled with routines even those hitting the bunny hill of working out can master, and illustrated with dozens of workout shots and photos from Lindsey's own collection, *Strong Is the New Beautiful* will inspire and motivate you--whether you're an aspiring athlete, want to get back into shape, or are eager to up your game--to make your body stronger than ever before, inside and out.

[Read or Write a Comment ►](#)

Publishers Weekly 08/01/2016

Highly decorated Alpine skier Vonn, in her debut book, imparts accessible and adaptable diet and fitness truths distilled from years of training. She emphasizes getting strong over losing weight, and eating right over eating less. For street cred, Vonn goes over her own challenges with dieting, unhealthy eating, body image insecurities, and almost career-ending injuries, and for added heft cites research studies. Beauty and self-acceptance at any shape are hallmarks of her thinking. Devoid of calorie counting and strict regimentation, the book's adaptable approach relies on a few dietary principles: eat clean, healthy, balanced, and whole; reduce processed foods and refined sugar; and splurge in moderation. Vonn shares her favorite foods and simple recipes, which are measurement-free and minimal in preparation instructions, all with an air of inviting readers to find what works best for them. In the same vein, she urges people to find exercises they enjoy, explaining how she relies on cycling in place of running, which she detests as her main aerobic activity. A list of 65 favorite get-strong exercises rounds out the book, most requiring no more than free weights or a yoga ball. Vonn has created an inspiring

narrative, along with a seductive means of getting healthy and fit." (Oct.)" Copyright 2016 Publishers Weekly Used with permission.

George Lucas: A Life

by Brian Jay Jones

Published 2016 by Little Brown and Company

Hardcover, English. ISBN: 9780316257442

[Find this book in our catalog.](#)

Jacket Notes:

The essential biography of the influential and beloved filmmaker George Lucas

On May 25, 1977, a problem-plagued, budget-straining independent science-fiction film opened in a mere thirty-two American movie theaters. Conceived, written, and directed by a little-known filmmaker named George Lucas, the movie originally called *The Star Wars* quickly drew blocks-long lines, bursting box-office records and ushering in a new way for movies to be made, marketed, and merchandised. It is now one of the most adored-and successful-movie franchises of all time.

Now, the author of the bestselling biography *Jim Henson* delivers a long-awaited, revelatory look into the life and times of the man who created Luke Skywalker, Han Solo, and Indiana Jones.

If *Star Wars* wasn't game-changing enough, Lucas went on to create another blockbuster series with Indiana Jones, and he completely transformed the world of special effects and the way movies sound. His innovation and ambition forged Pixar and Lucasfilm, Industrial Light & Magic, and THX sound.

Lucas's colleagues and competitors offer tantalizing glimpses into his life. His entire career has been stimulated by innovators including Steven Spielberg and Francis Ford Coppola, actors such as Harrison Ford, and the very technologies that enabled the creation of his films-and allowed him to keep tinkering with them long after their original releases. Like his unforgettable characters and stories, his influence is unmatched.

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Publishers Weekly 10/10/2016

Biographer Jones (*Jim Henson* exhaustively chronicles the life and movies of George Lucas, arguably America's most successful filmmaker. The creator of two enduring franchises, Star Wars and Indiana Jones, he sold his company, Lucasfilm, to Disney for \$4 billion in 2012. The author chronicles Lucas's story, from his upbringing as the son of a prosperous stationery store owner in Modesto, Calif., to his career as a filmmaker who took on the Hollywood studio system and won. From the beginning, Lucas's goals were independence and control. Jones cites this obsession in seemingly every major decision Lucas made, to the point of repetitiveness. The greater part of the book tells in granular detail how his films were produced: from initial concept and scriptwriting, to casting and location selections, to the filming and, most importantly for Lucas's process, the editing. This minutiae may lose the casual reader, but Jones is more successful at explaining Lucas's many contradictions: an aspiring avant-garde filmmaker who made blockbusters, a pessimist who loved fairy tale endings, an introvert in the most collaborative of arts, a man with a professed uninterest in money who became a billionaire. Jones also proves Lucas's singular legacy is well deserved. He revolutionized all aspects of filmmaking, particularly visual effects, sound, and merchandising. Photos. Agent: Jonathan Lyons, Curtis Brown. (Dec.) Copyright 2016 Publishers Weekly Used with permission.

How the Police Generate False Confessions: An Inside Look at the Interrogation Room

by James L Trainum

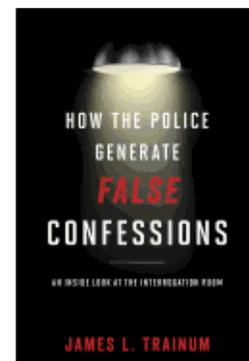
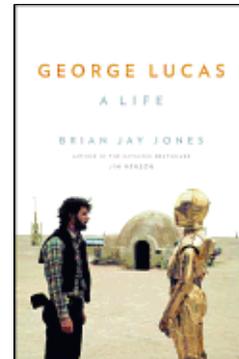
Published 2016 by Rowman & Littlefield Publishers

Hardcover, English. ISBN: 9781442244641

[Find this book in our catalog.](#)

Jacket Notes:

Despite the rising number of confirmed false confession cases, most people have a hard time grasping why someone would confess to a crime they did not commit, or even why a guilty person would admit to something that could put them in jail for life. How the Police Generate



False Confessions takes you inside the interrogation room, exposing the tactics that law enforcement uses to make confessions happen. James L. Trainum reveals how innocent people can become suspects and then confessed criminals even when they have not committed a crime. Using real stories, he looks at the inherent coerciveness of the interrogation process and why so many false confessions contain so many of the details that only the true perpetrator would know. More disturbingly, the book examines how these same processes corrupt witness and victim statements, create lying informants and cooperators, and induce innocent people to plead guilty. Trainum also offers recommendations for change in the U.S. by looking at how other countries are changing the process to prevent such miscarriages of justice. The reasons that people falsely confess can be complex and varied; throughout *How the Police Generate False Confessions* Trainum encourages readers to critically evaluate confessions on their own by gaining a better understanding of the interrogation process.

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Publishers Weekly 08/29/2016

In this groundbreaking book on the U.S. criminal justice system, Trainum, a former Washington, D.C. police detective, argues for reform of police interviewing and interrogation practices. The confession is considered the gold standard for law enforcement, because "most people believe that they would never confess to a crime they did not do." Yet suspects, witnesses, and informants often feel that they have no other option. Trainum carefully demonstrates why in an era of minimum sentences, where the worst-case scenario can be significant jail time, registration as a sex offender, or even the death penalty, prosecutors have breathtaking power to hold a person's life in the balance. The best option for a suspect or witness may be a false confession, informing, or a plea bargain, especially when a long legal fight may drain a family bank account, or when a prosecutor offers a reduced sentence or jailhouse privileges as reward. Without reform, prosecutors, police, and investigators may soon discover that "harsh and verbally abusive interrogation tactics that focused solely on obtaining confessions... not only to false confessions but also to the negative perception of law enforcement by the public." Using numerous examples and backed by persuasive academic research, Trainum proposes a better way that is already at work in countries with similar criminal justice systems. His book will hit a nerve with a public newly concerned with abuses of police power, and hopefully will influence those tasked with law enforcement and public policy as well. (July) Copyright 2016 Publishers Weekly Used with permission.

Whiplash: How to Survive Our Faster Future

by Joi Ito

Published 2016 by Grand Central Publishing

Hardcover, English. ISBN: 9781455544592

[Find this book in our catalog.](#)

Jacket Notes:

"The future," as the author William Gibson once noted, "is already here. It's just unevenly distributed." WHIPLASH is a postcard from that future. The world is more complex and volatile today than at any other time in our history. The tools of our modern existence are getting faster, cheaper, and smaller at an exponential rate, just as billions of strangers around the world are suddenly just one click or tweet or post away from each other. When these two revolutions joined, an explosive force was unleashed that is transforming every aspect of society, from business to culture and from the public sphere to our most private moments. Such periods of dramatic change have always produced winners and losers. The future will run on an entirely new operating system. It's a major upgrade, but it comes with a steep learning curve. The logic of a faster future oversets the received wisdom of the past, and the people who succeed will be the ones who learn to think differently. In WHIPLASH, Joi Ito and Jeff Howe distill that logic into nine organizing principles for navigating and surviving this tumultuous period. From strategically embracing risks rather than mitigating them (or preferring "risk over safety") to drawing inspiration and innovative ideas from your existing networks (or supporting "pull over push"), this dynamic blueprint can help you rethink your approach to all facets of your organization. Filled with incredible case studies and leading-edge research and philosophies from the MIT Media Lab and beyond, WHIPLASH will help you adapt and succeed in this unpredictable world.



[Read or Write a Comment ►](#)

Publishers Weekly 10/17/2016

Innovation and technology guru Howe (*Crowdsourcing* teams up with his colleague Ito, an Internet privacy activist and the director of MIT's Media Lab, for a highly entertaining and thought-provoking look at the ongoing shifts in technology and communication affecting the business sector. The authors have come up with organizing principles to help the reader navigate a chaotic landscape, focusing particularly on embracing innovation and disruption as vehicles for success. They bring abstract principles such as aEmergence over Authority or aSystems over Objectsa to life by narrating historical turning points, such as the Lumiere brothers' 1895 screening of the first motion picture; recent failures, such as Japan's 2011 nuclear disaster; and recent innovations in technology, such as the development of bitcoin. The writing style avoids the trap of being overly conceptual and is instead snappy and

accessible, sprinkled with ideas such as how to form a new cognitive toolset geared to ongoing advances. This provocative gem is a must-read for anyone interested in the cutting-edge research and exploration happening at MIT's Media Lab, innovation at countless universities and companies worldwide, or futuristic thinking in general. Agent: Max Brockman, Brockman Inc. (Dec.) Copyright 2016 Publishers Weekly Used with permission.

Garden Bible: Designing Your Perfect Outdoor Space

by Barbara Ballinger

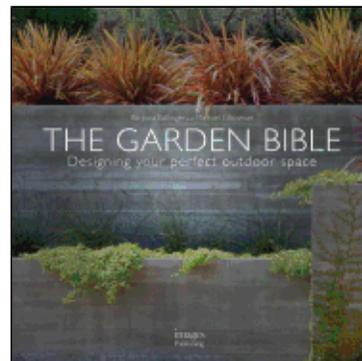
Published 2016 by Images Publishing Group

Hardcover, English. ISBN: 9781864706185

[Find this book in our catalog.](#)

Jacket Notes:

A full-color, richly illustrated and comprehensive guide on creating your own great garden. Budget-friendly suggestions and ideas. This book focuses on 20 case studies of the most popular garden trends from around the United States, how they transformed a site, demonstrating how various challenges were involved and overcome to create beautiful gardens, and how the project(s) could have been done with more affordable options. Offers information on top regional garden trends with tips from garden professionals based on soil, slope, wind, rain, sun, shade. Provides a wide range of helpful tips on many topics, including themed gardens, tools, urban projects, how to organize a community garden walk, landscape mistakes to avoid, sustainable gardening, creating wildlife sanctuaries, and more. Includes a comprehensive 'Resource' chapter that lists useful websites, noteworthy nurseries, apps, books and catalogues. Transforming outdoor space is one of the hottest home trends today. It expands indoor square footage, makes a property more usable, keeps homeowners healthier whether they grow vegetables or swim laps. It also makes a neighborhood more aesthetically attractive. The Garden Bible can help homeowners understand the challenges of their site and what needs to be done on an ongoing basis for their garden to develop and thrive. Explaining the many options available, this title will show you how to get it right first time. Many garden books explain how to grow specific flowers, care for shrubs, trees and lawn, and plan a pool. But none take a homeowner from the beginning of the process to ask a professional the right questions, know the challenges of a specific site - drainage, erosion, privacy, noise, wind, too much sun or shade, wildlife, and understand what needs to be done on an ongoing basis for the garden to grow, evolve, and look better in years to come, as well as be in sync with its surroundings. Few books also explain all the stylistic options available and cost-saving solutions. This book will do this, and help guide you through the process of designing the perfect garden. With 20 case studies, highlighting the most popular garden trends - how they transformed a site, what challenges were involved, and how the project could have been done with more affordable options - The Garden Bible will show you that not only is a great garden beautiful to look at, but it's also great for the soul.



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Point of Vanishing: A Memoir of Two Years in Solitude

by Howard Axelrod

Published 2015 by Beacon Press

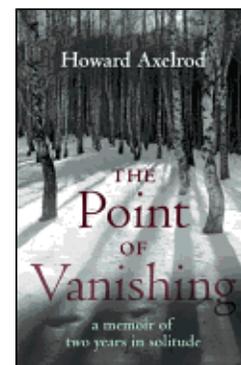
Paperback, English. ISBN: 9780807075463

[Find this book in our catalog.](#)

Jacket Notes:

Named one of the best books of the year by *Slate*, *Chicago Tribune*, *Entropy Magazine*, and named one of the top 10 memoirs by *Library Journal*

***Into the Wild* meets *Portrait of the Artist as a Young Man* a lyrical memoir of a life changed in an instant and of the perilous beauty of searching for identity in solitude**



On a clear May afternoon at the end of his junior year at Harvard, Howard Axelrod played a pick-up game of basketball. In a skirmish for a loose ball, a

boy's finger hooked behind Axelrod's eyeball and left him permanently blinded in his right eye. A week later, he returned to the same dorm room, but to a different world. A world where nothing looked solid, where the distance between how people saw him and how he saw had widened into a gulf. Desperate for a sense of orientation he could trust, he retreated to a jerry-rigged house in the Vermont woods, where he lived without a computer or television, and largely without human contact, for two years. He needed to find, away from society's pressures and rush, a sense of meaning that couldn't be changed in an instant."

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