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## KPL Nonfiction July 2017

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### **From Bacteria to Bach and Back: The Evolution of Minds**

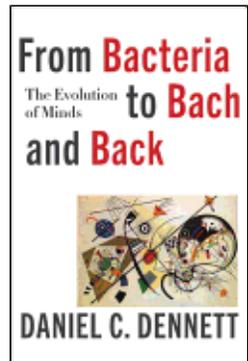
by Daniel C Dennett

Published 2017 by W. W. Norton & Company

Hardcover, English. ISBN: 9780393242072

[Find this book in our catalog.](#)

#### **Jacket Notes:**



How did we come to have minds?

For centuries, this question has intrigued psychologists, physicists, poets, and philosophers, who have wondered how the human mind developed its unrivaled ability to create, imagine, and explain. Disciples of Darwin have long aspired to explain how consciousness, language, and culture could have appeared through natural selection, blazing promising trails that tend, however, to end in confusion and controversy. Even though our understanding of the inner workings of proteins, neurons, and DNA is deeper than ever before, the matter of how our minds came to be has largely remained a mystery.

That is now changing, says Daniel C. Dennett. In *From Bacteria to Bach and Back*, his most comprehensive exploration of evolutionary thinking yet, he builds on ideas from computer science and biology to show how a comprehending mind could in fact have arisen from a mindless process of natural selection. Part philosophical whodunit, part bold scientific conjecture, this landmark work enlarges themes that have sustained Dennett's legendary career at the forefront of philosophical thought.

In his inimitable style--laced with wit and arresting thought experiments--Dennett explains that a crucial shift occurred when humans developed the ability to share memes, or ways of doing things not based in genetic instinct. Language, itself composed of memes, turbocharged this interplay. Competition among memes--a form of natural selection--produced thinking tools so well-designed that they gave us the power to design our own memes. The result, a mind that not only perceives and controls but can create and comprehend, was thus largely shaped by the process of cultural evolution.

An agenda-setting book for a new generation of philosophers, scientists, and thinkers, *From Bacteria to Bach and Back* will delight and entertain anyone eager to make sense of how the mind works and how it came about.

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Dennett (*Intuition Pumps and Other Tools for Thinking*), co-director of the Center for Cognitive Studies at Tufts University, combines arguments from philosophy, biology, and informatics to explore questions associated with the origin of consciousness. It is an illuminating and insightful, if occasionally difficult, book; Dennett's two overarching themes concern the philosophical ideas of Rene Descartes and the biological concepts of Charles Darwin. As he has done before, Dennett argues that Cartesian mind/body dualism, which is still accepted by many today, is incorrect. He makes a convincing case, based on a rapidly growing body of experimental evidence, that a materialist theory of mind is within reach. Dennett also builds on Darwin's idea of natural selection, explaining how natural systems can create "competence without comprehension"--that is, situations in which sophisticated actions occur without the individual or machine involved understanding the reasons for the actions taken. This type of "bottom-up" design, according to Dennett, can lead to innovative results, including animal brains. He takes the next step to propose that basic language acquisition ability is coupled with the memes of language to yield both consciousness and culture. Though Dennett is sure to once again raise the hackles of certain peers, his ideas demand serious consideration. (*Feb.*)

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## Norse Mythology

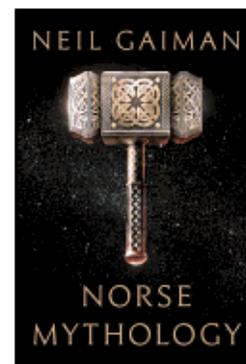
by Neil Gaiman

Published 2017 by W. W. Norton & Company

Hardcover, English. ISBN: 9780393609097

[Find this book in our catalog.](#)

### Jacket Notes:



Neil Gaiman has long been inspired by ancient mythology in creating the fantastical realms of his fiction. Now he turns his attention back to the source, presenting a bravura rendition of the great northern tales.

In *Norse Mythology*, Gaiman stays true to the myths in envisioning the major Norse pantheon: Odin, the highest of the high, wise, daring, and cunning; Thor, Odin's son, incredibly strong yet not the wisest of gods; and Loki--son of a giant--blood brother to Odin and a trickster and unsurpassable manipulator.

Gaiman fashions these primeval stories into a novelistic arc that begins with the genesis of the legendary nine worlds and delves into the exploits of deities, dwarfs, and giants. Once, when Thor's hammer is stolen, Thor must disguise himself as a woman--difficult with his beard and huge appetite--to steal it back. More poignant is the tale in which the blood of Kvasir--the most sagacious of gods--is turned into a mead that infuses drinkers with poetry. The work culminates in Ragnarok, the twilight of the gods and rebirth of a new time and people.

Through Gaiman's deft and witty prose emerge these gods with their fiercely competitive natures, their susceptibility to being duped and to duping others, and their tendency to let passion ignite their actions, making these long-ago myths breathe pungent life again.

[Read or Write a Comment ►](#)

Having already appropriated Odin and Loki for his novel *American Gods* Gaiman turns his restless imagination to a retelling of Norse folklore (a youthful interest of his). He begins by introducing us to the three main mythological figures: Odin, the highest and oldest of the gods; his son, Thor, who makes up in brawn what he lacks in brains; and Loki, offspring of giants and a wily trickster. In a series of stories, we learn how Thor acquired his famous hammer, Mjollnir, how Odin tricked a giant into building a wall around Asgard, the home of the gods, how Loki helped Thor retrieve his hammer from the ogre that had stolen it, and how a visit to the land of the giants resulted in the humbling of Thor and Loki. In most of the stories, a consistent dynamic rules as one god tries to get something over on another god, but novelist that he is, Gaiman also provides a dramatic continuity to these stories that takes us from the birth of the gods to their blood-soaked twilight. Employing dialogue that is anachronistically current in nature, Gaiman has great fun in bringing these gods down to a human level. Like John Gardner in *Grendel* a classic retelling of *Beowulf* and Philip Pullman in his rewriting of Hans Christian Andersen stories, Gaiman takes a well-worn subject and makes it his own. (Feb.) Copyright 2016 Publishers Weekly Used with permission.

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## Touch of Farmhouse Charm: Easy DIY Projects to Add a Warm and Rustic Feel to Any Room

by Liz Fourez

Published 2016 by Page Street Publishing

Paperback, English. ISBN: 9781624142925

[Find this book in our catalog.](#)

### Jacket Notes:



## Create the Home You've Always Dreamed of with Easy, Authentic Farmhouse Decor

Opening *A Touch of Farmhouse Charm* is like taking a breath of fresh, clean country air. With the turn of each page, Liz Fourez leads you on a tour through her family's house, restored to its 1940s rustic farm style, and teaches you how to make each handmade decoration yourself. The projects require minimal effort, yet add instant charm to any room. With your blue jeans on and a few of the most basic supplies in hand, you'll be on your way to your dream home in no time.

You'll learn how to make a custom wood Family Name Sign for your living room, a Wooden Boot Tray on Casters for the entryway, a Ruffled Stool Slipcover for the kitchen and a Rustic Wooden Frame for the bedroom, plus decorations for the office, bathroom, kids' bedroom and playroom. Farmhouse style is about cultivating a connection among family, home and nature; *A Touch of Farmhouse Charm* helps you bring the warmth and beauty of simpler times to your modern life naturally.

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## Price for Their Pound of Flesh: The Value of the Enslaved, from Womb to Grave, in the Building of a Nation

by Daina Ramey Berry

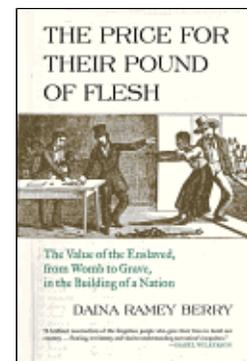
Published 2017 by Beacon Press

Hardcover, English. ISBN: 9780807047620

[Find this book in our catalog.](#)

### Jacket Notes:

Groundbreaking look at slaves as commodities through every phase of life, from birth to death and beyond, in early America



In life and in death, slaves were commodities, their monetary value assigned based on their age, gender, health, and the demands of the market. *The Price for Their Pound of Flesh* is the first book to explore the economic value of enslaved people through every phase of their lives--including preconception, infancy, childhood, adolescence, adulthood, the senior years, and death--in the early American domestic slave trade. Covering the full "life cycle," historian Daina Ramey Berry shows the lengths to which enslavers would go to maximize profits and protect their investments. Illuminating "ghost values" or the prices placed on dead enslaved people, Berry explores the little-known domestic cadaver trade and traces the illicit sales of dead bodies to medical schools.

This book is the culmination of more than ten years of Berry's exhaustive research on enslaved values, drawing on data unearthed from sources such as slave-trading records, insurance policies, cemetery records, and life insurance policies. Writing with sensitivity and depth, she resurrects the voices of the enslaved and provides a rare window into enslaved peoples' experiences and thoughts, revealing how enslaved people recalled and responded to being appraised, bartered, and sold throughout the course of their lives. Reaching out from these pages, they compel the reader to bear witness to their stories, to see them as human beings, not merely commodities.

A profoundly humane look at an inhumane institution, *The Price for Their Pound of Flesh* will have a major impact how we think about slavery, reparations, capitalism, nineteenth-century medical education, and the value of life and death.

[Read or Write a Comment ►](#)

Publishers Weekly 12/05/2016

In this "financial recapitulation of black bodies and souls," Berry, associate professor of history and African and African diaspora studies at the University of Texas at Austin, examines how slaveholders ascribed pecuniary worth to women, men, and children. Slavery took many forms across the antebellum U.S., but all enslaved people experienced their reduction to the status of chattel, bought and sold at their owner's will. Yet surprisingly little scholarship has examined the monetary value of these individuals, whose worth increased from infancy through adolescence, peaking at the height of their productive and reproductive capacities, and declining steadily to the point where the elderly were considered nearly valueless. Upon their deaths, they might regain some financial significance, as the bodies of many were sold to medical schools for purposes of dissection. Crucially, Berry also delves into the annals of slave communities to explore the emotional strategies by which the enslaved resisted their reduction to an "exchangeable commodity," centering their lives on spiritual beliefs that defined the soul, rather than the body, as the true location of their individuality. Berry's groundbreaking work in the historiography of American slavery deserves a wide readership beyond academia. (*Feb.*)

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## **Book That Changed America: How Darwin's Theory of Evolution Ignited a Nation**

by Randall Fuller

Published 2017 by Viking

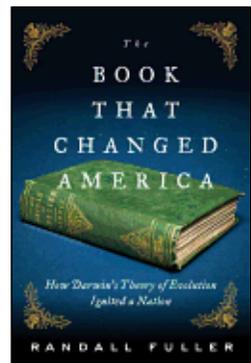
Hardcover, English. ISBN: 9780525428336

[Find this book in our catalog.](#)

### **Jacket Notes:**

**A compelling portrait of a unique moment in American history when the ideas of Charles Darwin reshaped American notions about nature, religion, science and race**

**"A lively and informative history." - *The New York Times Book Review***



Throughout its history America has been torn in two by debates over ideals and beliefs. Randall Fuller takes us back to one of those turning points, in 1860, with the story of the influence of Charles Darwin's just-published *On the Origin of Species* on five American intellectuals, including Bronson Alcott, Henry David Thoreau, the child welfare reformer Charles Loring Brace, and the abolitionist Franklin Sanborn.

Each of these figures seized on the book's assertion of a common ancestry for all creatures as a powerful argument against slavery, one that helped provide scientific credibility to the cause of abolition. Darwin's depiction of constant struggle and endless competition described America on the brink of civil war. But some had difficulty aligning the new theory to their religious convictions and their faith in a higher power. Thoreau, perhaps the most profoundly affected all, absorbed Darwin's views into his mysterious final work on species migration and the interconnectedness of all living things.

Creating a rich tableau of nineteenth-century American intellectual culture, as well as providing a fascinating biography of perhaps the single most important idea of that time, *The Book That Changed America* is also an account of issues and concerns still with us today, including racism and the enduring conflict between science and religion.

[Read or Write a Comment ►](#)

Publishers Weekly 11/07/2016

In this inventive work, which weaves two powerful events into a vibrant tapestry of antebellum intellectual life, Fuller (*From Battlefields Rising*), professor of English at the University of Tulsa, beautifully describes how the engagement by a group of Transcendentalists with Darwin's newly published *On the Origin of Species* deepened their commitment to the antislavery movement. Still reeling from abolitionist John Brown's 1859 raid on Harpers Ferry, Transcendentalists (and Brown supporters) Franklin Sanborn, Charles Loring Brace, Bronson Alcott, and Henry David Thoreau quickly devoured Darwin's book and recommended it to others. All people were biologically related, Darwin's work hinted, which Transcendentalists interpreted as a repudiation of the belief that "African-American slaves were a separate, inferior species." Fuller shares the Transcendentalists' knack for clearly presenting complex ideas. He nimbly traverses the details of the scientific debate between Jean Louis Rodolphe Agassiz and Asa Gray over the theories of polygenism and evolution. There's a glimpse of Louisa May Alcott, inspired by Darwin's book to write a daring story of interracial love. Elegant writing and an unusual approach to interpreting the time period make this a must-read for everyone interested in Civil War-era history. Illus. *Agent: Marianne Merola, Brandt & Hochman Literary.* (Feb.)

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## **Journaling Power: How to Create the Happy, Healthy, Life You Want to Live**

by Mari L McCarthy

Published 2016 by Hasmark Publishing

Paperback, English. ISBN: 9781988071213

[Find this book in our catalog.](#)

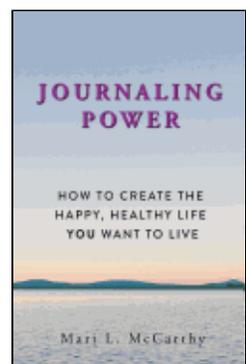
### **Jacket Notes:**

Discover the Ultimate Self-Healing Tool!

*Journaling Power* teaches you how to put the best holistic self-healing tool right at your fingertips - journaling. Through **Mari L. McCarthy's** moving personal story, you'll discover how pen-to-paper journaling can lead to self-growth and life-changing transformation. You'll also learn that numerous medical studies prove journaling unleashes an internal healing agent that literally gives you the power to...

- Reduce stress and physical pain

- Overcome life challenges



- Heal emotional wounds
- Resolve inner conflicts and gain a deeper understanding of your true self
- Conquer limiting beliefs and fears that have held you back
- Create the life you want from the inside out

"In this book, Mari reveals the full power of journaling, not only for people who have an illness, but for anyone, actually, who simply wants to unlock their personal creativity or find some more meaning and purpose in their life. A really excellent book that I will gladly recommend to others!"

David R Hamilton PhD, author of *How Your Mind Can Heal Your Body*

"I believe in the transformational power of journaling and have incorporated the practice in my life for many years. **Journaling Power** reminds us of the healing potential that lies within and the responsibility we have to take control of our own well-being."

Donna Gates, M.Ed., ABAAHP - best-selling author of *The Body Ecology Diet: Recovering Your Health and Rebuilding Your Immunity*

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## **Silent Garden: A Parent's Guide to Raising a Deaf Child**

by Paul W Ogden

Published 2016 by Gallaudet University Press

Paperback, English. ISBN: 9781563686764

[Find this book in our catalog.](#)

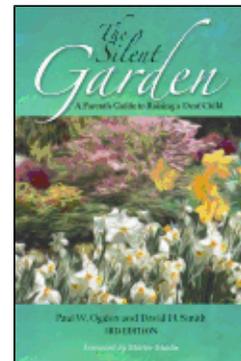
### **Jacket Notes:**

For over 30 years, *The Silent Garden* has offered parents of deaf children the support and unbiased information needed to fully realize their children's potential. This completely revised third edition is a must-have resource that will help parents navigate the complex and unique challenges they face. Accessible, practical, and, above all, open-minded, *The Silent Garden* educates parents quickly and thoroughly about the many conflicting points of view on what is best for their deaf children.

Authors Paul W. Ogden and David H. Smith, who are both deaf, present examples and research that guide parents through often unfamiliar territory. From coping mechanisms for parents to advice on creating healthy home environments, the authors cover a range of topics that impact day-to-day actions and decision-making. The topic of communication is discussed extensively as communication access and language development are crucial not only for intellectual growth, but also for positive family and social relationships. The authors look at American Sign Language, listening and spoken language, written English, and various other modes of communication available to deaf children. Different educational options are presented, and technology--including the debate about cochlear implants--is reviewed. Deaf children with special needs are considered here as well. Each topic is accompanied by real-life stories that offer further insight.

Always encouraging, *The Silent Garden* empowers parents to be the best advocates for their deaf children. Throughout, the authors emphasize that each choice is highly personal, and they stress that all deaf children have the potential to lead rich, productive, and exciting lives.

[Read or Write a Comment ►](#)



## Elizabeth Bishop: A Miracle for Breakfast

by Megan Marshall

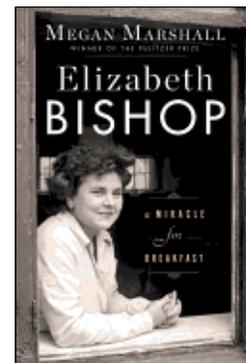
Published 2017 by Houghton Mifflin

Hardcover, English. ISBN: 9780544617308

[Find this book in our catalog.](#)

### Jacket Notes:

**From a Pulitzer Prize-winning author, a brilliantly rendered life of one of our most admired American poets**



Since her death in 1979, Elizabeth Bishop, who published only one hundred poems in her lifetime, has become one of America's best-loved poets. And yet--painfully shy and living out of public view in Key West and Brazil, among other hideaways--she has never been seen so fully as a woman and an artist. Megan Marshall makes incisive and moving use of a newly discovered cache of Bishop's letters--to her psychiatrist and to three of her lovers--to reveal a much darker childhood than has been known, a secret affair, and the last chapter of her passionate romance with the Brazilian modernist designer Lota de Macedo Soares.

These elements of Bishop's life, along with her friendships with poets Marianne Moore and Robert Lowell, are brought to life with novelistic intensity. And by alternating the narrative line of biography with brief passages of memoir, Marshall, who studied with Bishop in her storied 1970s poetry workshop at Harvard, offers the reader a compelling glimpse of the ways poetry and biography, subject and biographer, are entwined.

Finally, in this riveting portrait of a life lived for--and saved by--art, Marshall captures the enduring magic of Bishop's creative achievement.

[Read or Write a Comment ►](#)

Publishers Weekly 10/31/2016

Marshall, winner of the 2014 Pulitzer Prize in biography for *Margaret Fuller*, takes an excursion through the life of Elizabeth Bishop (1911-1979), one of 20th-century America's foremost poets. After surviving a troubled childhood with a sadistic uncle, a modest inheritance allowed Bishop to attend Vassar and afterward gave her the freedom to pursue poetry. Lovers led her from Paris to Key West to Petropolis, Brazil. Bishop drank heavily and had to keep her lesbianism secret, but she also led a rich existence; she traveled the Amazon, swam naked in a lover's pool in secluded Petropolis, and all the while produced a small but incomparable body of art. Marshall, weaving her own encounters with Bishop in the 1970s into this biography, expertly shows this charmed and sometimes sad life in intelligent, clear, and beautiful prose. Marshall repeatedly asserts that Bishop was "shy" but never reconciles this descriptor with the woman she shows interviewing T.S. Eliot, editing the Vassar yearbook, and finding a fashionable literary clique. Likewise, how was this winsome woman "difficult," as repeatedly claimed? But even if the poet herself remains elusive in this telling, this book is still a generous, enjoyable piece of work.

*Agent: Katinka Matson, Brockman Inc. (Feb.)*

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## Secret State: A History of Intelligence and Espionage

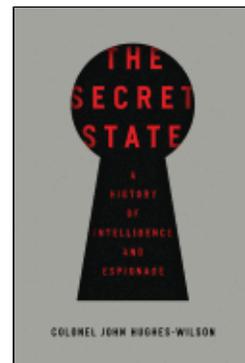
by John Hughes-Wilson

Published 2017 by Pegasus Books

Hardcover, English. ISBN: 9781681773025

[Find this book in our catalog.](#)

### Jacket Notes:



Authoritative and analytical, Hughes-Wilson searches for hard answers and scrutinizes why crucial intelligence is so often ignored, misunderstood, or spun by politicians and seasoned generals alike. From yesterday's spies to tomorrow's cyber world, *The Secret State* is a fascinating and thought-provoking history of this ever-changing and ever-important subject.

[Read or Write a Comment ►](#)

Publishers Weekly 12/19/2016

Hughes-Wilson (*A Brief History of the Cold War*), a leading British authority on intelligence matters, defines and describes the "intelligence cycle"--direction, collection, collation, interpretation, and dissemination--while delivering a thematically organized account of intelligence in contemporary contexts. He begins with human intelligence (HUMINT). Spies, Hughes-Wilson argues, are produced by money, ideology, coercion, ego, and grievance. Their effectiveness is correspondingly random. Signal intelligence (SIGINT), which includes electronic and photographic means, is specific. "Nothing is secret from the eye in the sky"--which enhances the difficulties of collation, interpretation, and dissemination, as illustrated by the Tet Offensive, the Yom Kippur War, Operation Barbarossa, and the attack on Pearl Harbor. Providing timely, accurate information to those who need to know involves security, "the handmaiden of intelligence." When personnel security is lax or breached, "espionage, sabotage, and subversion" are predictable consequences. In the electronic dimension, WikiLeaks and Edward Snowden exemplify the "fine line between the crime of spying" and the public service of monitoring the modern surveillance state, which largely arose as a response to terrorism. To underscore his points, he includes examples of intelligence fiascos. In an emerging era of cyberwar, Hughes-Wilson concludes that "for good or ill, intelligence will remain at the heart of the world's affairs." (*Feb.*)

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## Can't Just Stop: An Investigation of Compulsions

by Sharon Begley

Published 2017 by Simon & Schuster

Hardcover, English. ISBN: 9781476725826

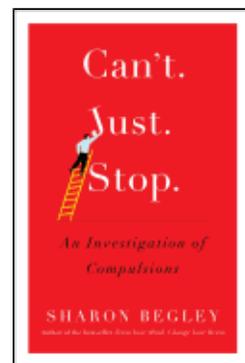
[Find this book in our catalog.](#)

### Jacket Notes:

The first book to examine the science behind both mild and extreme compulsive behavior--using fascinating case studies to understand its deeper meaning and reveal the truth about human compulsion.

Whether shopping with military precision or hanging the tea towels just so, compulsion is something most of us have witnessed in daily life. But compulsions exist along a broad continuum, and at the opposite end of these mild forms exist life altering disorders.

Sharon Begley's meticulously researched book is the first of its kind to examine all of these behaviors--mild and extreme (OCD, hoarding, acquiring, exercise, even compulsions to do good)--together, as they should be, because while forms of compulsion may look incredibly different, these are actually



all coping responses to varying degrees of anxiety.

With a focus on personal stories of dozens of interviewees, Begley employs genuine compassion and gives meaningful context to their plight. Along the way she explores the role of compulsion in our fast paced culture, the brain science behind it, and strange manifestations of the behavior throughout history.

*Can't Just Stop* makes compulsion comprehensible and accessible, exploring how we can realistically grapple with it in ourselves and those we love.

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Publishers Weekly 10/24/2016

Science journalist Begley (*Train Your Mind, Change Your Brain*) demystifies compulsive behavior, exploring its history and manifestations and the many difficulties its sufferers face in finding appropriate diagnoses and treatment. Establishing compulsive behavior as the brain's attempt to assuage anxiety, Begley argues that it can serve a useful purpose. She notes that there are socially acceptable compulsive quirks, such as a baseball player who won't change his unlucky shorts, and that people turn to compulsive habits to feel more in control, a response that is hardly pathological. Begley also provides riveting case studies, including a woman who must check her refrigerator repeatedly to ensure that her cat is not inside and a man whose germophobia compelled him to throw out his clothes, shave his head, and abandon his apartment for a series of hotel rooms. A fascinating historical analysis notes references to hoarding in Dante's *Inferno* and describes an obsessive Victorian-era book collector. Begley also chats with video game creators about their addictive products and expresses a healthy skepticism regarding concerns over widespread compulsive Internet usage. Much of the text summarizes well-known scholarship, but Begley's final chapter on brain function in the compulsive mind contains fresh insight that could fundamentally alter how we think of, and treat, mental illness going forward. Agent: Linda Loewenthal, David Black Agency. (Feb.) Copyright 2016 Publishers Weekly Used with permission.

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## **Build Your Dream Network: Forging Powerful Relationships in a Hyper-Connected World**

by J Kelly Hoey

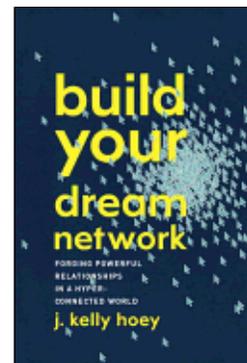
Published 2017 by Tarcherperigee

Hardcover, English. ISBN: 9780143111481

[Find this book in our catalog.](#)

### **Jacket Notes:**

**Cut through the networking noise and start building the powerful, real relationships needed to succeed in our digital world**



If you think of networking as schmoozing at boring cocktail parties or scrolling through LinkedIn for new contacts to add, think again. In the social media age, you need a modern roadmap for creating and cultivating meaningful connections to stand out from the crowd and achieve any of your goals, no matter how big or small.

In *Build Your Dream Network*, acclaimed business columnist and networking expert J. Kelly Hoey offers a fresh new approach to mastering this timeworn skill in a world where everyone is posting, liking, and friending fast and furiously, but many are failing to leverage their connections successfully. Hoey presents innovative strategies for forming strong relationships--the genuine, mutually beneficial, long-lasting kind--using all of the social tools at your disposal. She also reveals creative and surprisingly simple ways to harness the power of your network to accomplish any ambition, from landing your dream job or a coveted account or client to successfully crowdfunding a new business venture. *Build Your Dream Network* will help you:

- Determine the most effective ways to connect with others so you don't clutter your calendar with dead-end coffee dates and informational interviews
- Synchronize IRL networking efforts with your digital outreach
- Turn "closed door" conversations into strong personal relationships and business opportunities
- Eliminate FOMO by keeping your networking efforts focused

Packed with infographics, flowcharts, and encouraging advice, *Build Your Dream Network* shows how small adjustments in your daily routine, generosity, and goal-focused efforts are all it takes to set you apart and ignite the powerful connections that will lead to major opportunities for success.

Publishers Weekly 10/31/2016

Networking specialist Hoey shares her expertise in an easy-to-use guide to the art of networking in the "new economy." Kelly's important guidance begins by laying out the steps necessary to forge meaningful relationships and then moves towards encouraging readers to keep this process alive. The heart of Hoey's methodology consists of a three-step process: determine your goal, determine who can help you, and form a plan for connecting with these people. She attests that continuing to build and expand her network is not something she enjoys doing, but rather something she feels she must do. A smartly structured chapter entitled "A Networked Career" includes a fabulous list of the many ways one can benefit from effective networking, such as securing employment or acquiring investment funding. Most notable are the interesting Q&A sessions interspersed throughout, wherein networking gurus relate inspiring stories, benefits reaped from networking, and their biggest mistakes. Kelly marvelously succeeds in instilling in her readers the attitude that whether one is attempting to secure a job, find a publisher, or finance a new business venture, tapping into the right network is the answer. Agent: Brandi Bowles, Foundry Literary + Media. (Jan.)

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## Daily Show (the Book): An Oral History as Told by Jon Stewart, the Correspondents, Staff and Guests

by Jon Stewart

Published 2016 by Grand Central Publishing

Hardcover, English. ISBN: 9781455565382

[Find this book in our catalog.](#)

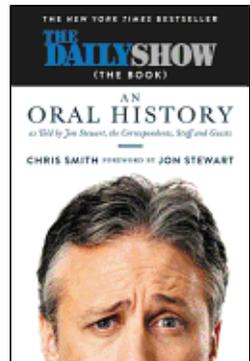
### Jacket Notes:

**The complete, uncensored history of the award-winning *The Daily Show with Jon Stewart*, as told by its correspondents, writers, and host.**

For almost seventeen years, *The Daily Show with Jon Stewart* brilliantly redefined the borders between television comedy, political satire, and opinionated news coverage. It launched the careers of some of today's most significant comedians, highlighted the hypocrisies of the powerful, and garnered 23 Emmys. Now the show's behind-the-scenes gags, controversies, and camaraderie will be chronicled by the players themselves, from legendary host Jon Stewart to the star cast members and writers-including Samantha Bee, Stephen Colbert, John Oliver, Steve Carell, Lewis Black, Jessica Williams, John Hodgman, and Larry Wilmore-plus some of *The Daily Show's* most prominent guests and adversaries: John and Cindy McCain, Glenn Beck, Tucker Carlson, and many more.

This oral history takes the reader behind the curtain for all the show's highlights, from its origins as Comedy Central's underdog late-night program hosted by Craig Kilborn to Jon Stewart's long reign to Trevor Noah's succession, rising from a scrappy jester in the 24-hour political news cycle to become part of the beating heart of politics-a trusted source for not only comedy but also commentary, with a reputation for calling bullshit and an ability to effect real change in the world.

Through years of incisive election coverage, Jon Stewart's emotional monologue in the wake of 9/11, his infamous confrontation on *Crossfire*, passionate debates with President Obama and Hillary Clinton, feuds with Bill O'Reilly and Fox, the Indecisions, Mess O'Potamia, and provocative takes on Wall Street and racism, *The Daily Show* has been a cultural touchstone. Now, for the first time, the people behind the show's seminal moments come together to share their memories of the last-minute rewrites, improvisations, pranks, romances, blow-ups, and moments of Zen both on and off the set of one of America's most groundbreaking shows.



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## **Bipolar, Not So Much: Understanding Your Mood Swings and Depression**

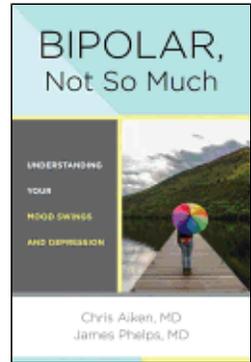
by Chris Aiken

Published 2017 by W. W. Norton & Company

Hardcover, English. ISBN: 9780393711745

[Find this book in our catalog.](#)

### **Jacket Notes:**



Depression confuses the mind, strips away hope, and causes people to blame themselves for an illness they never asked for. This book presents a revolutionary new understanding of the concept of depression and offers readers skills and strategies to manage it.

No longer is this a one-size-fits-all diagnosis, and antidepressants are no longer the one-size-fits-all treatment. Mood disorders are now seen to form a spectrum of problems, from common depression on one end to full bipolar disorder on the other. In between these extremes are multitudes of people who are on the middle of the mood spectrum, and this book is for them.

The first part of the book helps readers answer the question, "Where am I on the mood spectrum?" By laying the foundation for understanding this spectrum, Aiken and Phelps highlight the key distinctions that define unipolarity, bipolarity, hypomania, mania, and depression. Readers will be able to discern which definition best fits their experience, and use this understanding to learn which treatment methods will work best.

The authors also empower readers to look beyond antidepressants. They walk readers through new medications for the mood spectrum, and offer a guide to non-medication treatments that anyone can use on their own, from diet and lifestyle changes to natural supplements. The book also discusses other innovative technologies that can aid in recovery, including dawn simulators, mood apps, and blue-light filters.

This thoughtful and beneficial book will offer readers skills and strategies, as well as hope, in the face of debilitating mental challenges.

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## **Black Edge: Inside Information, Dirty Money, and the Quest to Bring Down the Most Wanted Man on Wall Street**

by Sheelah Kolhatkar

Published 2017 by Random House

Hardcover, English. ISBN: 9780812995800

[Find this book in our catalog.](#)

#### Jacket Notes:

**NEW YORK TIMES BESTSELLER** - The story of the billionaire trader Steven A. Cohen, the rise and fall of his hedge fund, SAC Capital, and the largest insider trading investigation in history--for readers of *The Big Short*, *Den of Thieves*, and *Dark Money*.

The rise over the last two decades of a powerful new class of billionaire financiers marks a singular shift in the American economic and political landscape. Their vast reserves of concentrated wealth have allowed a small group of big winners to write their own rules of capitalism and public policy. How did we get here? Through meticulous reporting and powerful storytelling, *New Yorker* staff writer Sheelah Kolhatkar shows how Steve Cohen became one of the richest and most influential figures in finance--and what happened when the Justice Department put him in its crosshairs.

Cohen and his fellow pioneers of the hedge fund industry didn't lay railroads, build factories, or invent new technologies. Rather, they made their billions through speculation, by placing bets in the market that turned out to be right more often than wrong--and for this they have gained not only extreme personal wealth but formidable influence throughout society. Hedge funds now manage nearly \$3 trillion in assets, and competition between them is so fierce that traders will do whatever they can to get an edge.

Cohen was one of the industry's greatest success stories. He mastered poker in high school, went off to Wharton, and in 1992 launched SAC Capital, which he built into a \$15 billion empire, almost entirely on the basis of his wizardlike stock trading. He cultivated an air of mystery, reclusiveness, and extreme excess, building a 35,000 square foot mansion in Greenwich, Connecticut, and amassing one of the largest private art collections in the world. On Wall Street, Cohen was revered as a genius.

That image was shattered when SAC became the target of a sprawling, seven-year government investigation. Labeled by prosecutors as a "magnet for market cheaters" whose culture encouraged the relentless hunt for "edge"--and even "black edge," or inside information--SAC was ultimately indicted in connection with a vast insider trading scheme, even as Cohen himself was never charged.

*Black Edge* offers a revelatory look at the gray zone in which so much of Wall Street functions, and a window into the transformation of the U.S. economy. It's a riveting, true-life legal thriller that takes readers inside the government's pursuit of Cohen and his employees, and raises urgent questions about the power and wealth of those who sit at the pinnacle of modern Wall Street.

#### Praise for *Black Edge*

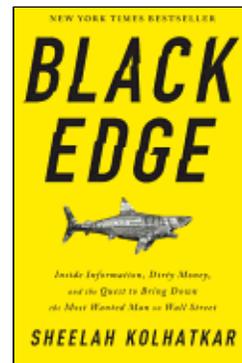
"A modern version of *Moby-Dick*, with wiretaps rather than harpoons."--**Jennifer Senior**, *The New York Times*

"Excellent."--**The Economist**

"If you liked James B. Stewart's *Den of Thieves*, Sheelah Kolhatkar's thrilling *Black Edge* should be next on your reading list."--**The Wall Street Journal**

"A lot of people do not trust Wall Street. They regard it as a moneymaking machine for those who work there, which has little interest in practice in its stated aim of channeling capital into businesses and helping them to grow for the broader benefit of society. For such skeptics, Steven Cohen is Exhibit A."--**John Gapper**, *Financial Times*

"A richly reported, entertaining tale about the cat-and-mouse game between the government and Cohen."--**Andrew Ross Sorkin**, *The New York Times Book Review*



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## History of Rock & Roll, Volume 1: 1920-1963

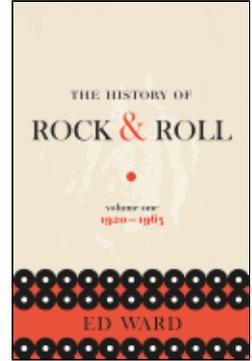
by Ed Ward

Published 2016 by Flatiron Books

Hardcover, English. ISBN: 9781250071163

[Find this book in our catalog.](#)

### Jacket Notes:



Ed Ward covers the first half of the history of rock & roll in this sweeping and definitive narrative--from the 1920s, when the music of rambling medicine shows mingled with the songs of vaudeville and minstrel acts to create the very early sounds of country and rhythm and blues, to the rise of the first independent record labels post-World War II, and concluding in December 1963, just as an immense change in the airwaves took hold and the Beatles prepared for their first American tour. *The History of Rock & Roll, Volume 1* shines a light on the far corners of the genre to reveal the stories behind the hugely influential artists who changed the musical landscape forever.

In this first volume of a two-part series, Ward shares his endless depth of knowledge and through engrossing storytelling hops seamlessly from Memphis to Chicago, Detroit, England, New York, and everywhere in between. He covers the trajectories of the big name acts like Elvis Presley, Buddy Holly, Chuck Berry, and Ray Charles, while also filling in gaps of knowledge and celebrating forgotten heroes such as the Burnette brothers, the "5" Royales, and Marion Keisker, Sam Phillips's assistant, who played an integral part in launching Elvis's career.

For all music lovers and rock & roll fans, Ward spins story after story of some of the most unforgettable and groundbreaking moments in rock history, introducing us along the way to the musicians, DJs, record executives, and producers who were at the forefront of the genre and had a hand in creating the music we all know and love today.

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Publishers Weekly 08/22/2016

In this far-reaching volume, music historian Ward rushes pell-mell through rock music's first half century, uncovering the many streams--blues, country, jazz--that flood into the mighty river of rock. Much of this material will be very familiar to music fans, but Ward's book provides an excellent introduction to early rock's cast of characters and the music that rocked the world. After he establishes the roots of rock in blues and country and the complicated relationship between race and music that pervades the entire history of rock, Ward chronicles, year by year, the development of the music; its relationship to and reflection of American society; and the artists, producers, and record labels that created the music and pushed it along. For Ward, 1957 was the watershed year: Chuck Berry released "You Can't Catch Me" and Jerry Lee Lewis put out "Crazy Arms"; Buddy Holly's "That'll Be the Day" came out that summer and rocketed to the top of the charts; Sam Cooke moved from gospel to secular music; Sam Phillips's Sun studio--later home to the "Million Dollar Quartet" of Elvis Presley, Jerry Lee Lewis, Carl Perkins, and Johnny Cash--continued its steady rise; Bobby "Blue" Bland made his debut with "Farther Up the Road"; Ricky Nelson debuted on *The Adventures of Ozzie and Harriet* television show; and Dick Clark's *American Bandstand* carried the message of rock 'n' roll nationwide to a generation of teens ready to buy records. Ward's delightful

book is chock-full of everything there is to know about the history of rock. (Nov.)

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## **Dr. Koufman's Acid Reflux Diet: With 111 All New Recipes Including Vegan & Gluten-Free: The Never-Need-To-Diet-Again Diet**

by Jamie Koufman

Published 2015 by Katalitix

Hardcover, English. ISBN: 9781940561035

[Find this book in our catalog.](#)

### **Jacket Notes:**

*Dr. Koufman's Acid Reflux Diet* is the latest book from Jamie Koufman, M.D., author of the *New York Times* bestselling *Dropping Acid: The Reflux Diet Cookbook & Cure*.

*Dr. Koufman's Acid Reflux Diet* is the latest book from *New York Times* bestselling author, Dr. Jamie Koufman, M.D. It is a companion book to *Dropping Acid: The Reflux Diet Cookbook & Cure*, which first introduced attainable strategies for restoring respiratory and digestive health through a scientifically-based nutritional program.

*Dr. Koufman's Acid Reflux Diet* extends those lessons for a lifetime emphasizing *lean, clean, green, and alkaline* eating. The book also highlights how to recognize your reflux trigger foods, how to get off reflux medication, and how to lose weight the right way--and keep it off.

*Dr. Koufman's Acid Reflux Diet* includes 111 amazingly delicious and original vegetarian and gluten-free recipes.

### **Sample Recipes**

#### **Roasted Cauliflower & Watercress Chowder**

**Makes 4 servings ]Vegetarian, Dairy-Free, Gluten-Free**

#### **Ingredients**

1 head cauliflower, diced (small, bite-sized pieces)

1/2 pound or 2 medium potatoes, diced (small, bite-sized pieces)

1 stalk celery, finely diced

1 carrot, minced or finely diced

1/2 teaspoon sea salt

1 tablespoon safflower oil

1/3 cup raw pistachios, shelled

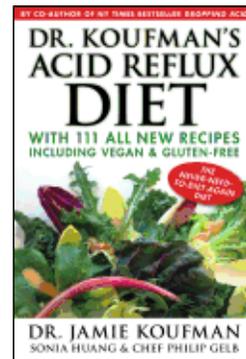
1/4 cup white miso (optional)

1 small bunch watercress

Olive oil (for garnish) up to one teaspoon per bowl

#### **Directions**

- In a roasting pan, add potatoes, celery, carrots, and cauliflower. Sprinkle with 1/2 teaspoon sea salt and 1 tablespoon safflower oil. Cover with foil and roast at 425O F for 30 minutes.



- Add 1/2 the roasted vegetables to the blender. Add stock, pistachios, Miso, and watercress to the blender and puree till very smooth.
- Put the mixture into a pot and add the rest of the cooked vegetables.
- Bring to simmer, but do not boil!
- Garnish with a small amount of very good olive oil (optional)

*Notes: As a child growing up in Brooklyn, I loved the fresh cauliflower that was available in summer when we would visit Upstate New York. Infatuation with this incredible and versatile vegetable has only grown over the years as I have learned more and more dishes using it. - This chowder is very popular on my catering menus and has been a huge hit at my underground restaurant in Oakland. - Basil can be substituted for watercress. - This soup is also great for a winter evening because it is hearty. - When you prepare the cauliflower and potatoes, remember that these need to be bite size. - For gluten-free diets, avoid mugi miso which is made with barley; and for those preferring to avoid soy, use chickpea misos. Chef Philip*

## **Steamed Sea Bass with Ginger & Soy**

**Makes 4 servings ] Dairy-Free, Gluten-Free**

### **Ingredients**

- 2 pounds sea bass fillet (or any other flaky white fish)
- 2 teaspoons sea salt
- 1 inch of ginger root, peeled and cut into thin matchsticks
- 1 1/2 tablespoon rice wine (or any dry white wine)
- 2 tablespoon soy sauce (Tamari, gluten-free soy)
- 4 teaspoon toasted sesame oil\* (optional)
- 1 tablespoon olive oil
- 1/2 cup fresh cilantro sprigs

### **Directions**

- Salt both side of fillet.
- Scatter ginger over top of fish.
- Drizzle rice wine over the fish and place on heat proof dish for steaming.
- Place in steamer and cover, and steam for 10-15 minutes.
- Pour water out of the dish.
- Drizzle soy sauce over the fish.
- Heat toasted sesame oil and olive oil over medium-high heat until they begin to smoke and then pour it carefully over the fish.
- Garnish with cilantro and serve immediately.

*Notes: Sesame oil may be a trigger food for some people, which is why it is optional. - Halibut is quite expensive and this dish can be made with almost any flaky white fish; ask your fish department for suggestions. - In stead of steaming, you can poach the fish. To poach, follow the recipe until just before "placing in steamer," and place in a skillet, then add 2 cups of chicken stock, bring to boil, reduce heat to simmer, cover, and poach for 10-15 minutes. Then, continue cooking instructions from "pour water out of the dish." Sonia*

## **Kick-Ass Carrot Cookies**

**Makes 3 dozen ]Vegetarian, Dairy-Free**

## Ingredients

- 1 cup oats
- 1 cup flour
- 1 teaspoon cinnamon
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt
- 1/2 cup maple syrup
- 1/2 cup grape seed oil
- 1 cup grated carrots
- 1/2 cup dried cherries (optional; see Notes)

## Directions

- preheat oven to 375O F
- In one bowl, combine oats, flour, cinnamon, baking powder, baking soda and salt.
- In a separate bowl, whisk together maple and oil.
- Add carrots and dried fruit to this mix and blend well.
- Pour the wet mix over the dry mix and gently combine. Do NOT over-mix or the cookies will be rubbery.
- These cookies only bake well if they are small.
- Drop 1 teaspoon on an oiled baking sheet, 2 inches apart.
- Bake at 375 degrees F for 10 minutes.
- Be careful not to overcook these cookies as they burn easily after they are complete.

*Note: Dried cherries may be a trigger food for some people, and they may be replaced by currants, raisins, dried blueberries, or dried cranberries ... or a combination. Chef Philip*

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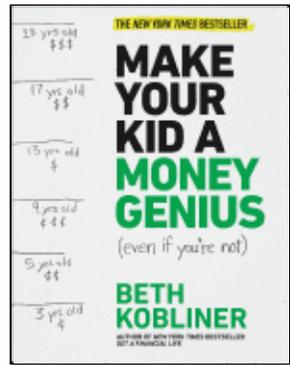
## Make Your Kid a Money Genius (Even If You're Not): A Parents' Guide for Kids 3 to 23

by Beth Kobliner

Published 2017 by Simon & Schuster

Paperback, English. ISBN: 9781476766812

[Find this book in our catalog.](#)



**Jacket Notes:**

**The *New York Times* bestseller that is a must-read for any parent!**

From Beth Kobliner, the author of the bestselling personal finance bible *Get a Financial Life*--a new, must-have guide showing parents how to teach their children (from toddlers to young adults) to manage money in a smart way.

Many of us think we can have the "money talk" when our kids are old enough to get it...which won't be for years, right? But get this: Research shows that even preschoolers can understand basic money concepts, and a study from Cambridge University confirmed that basic money habits are formed by the age of seven. Oh, and research shows the number one influence on kids' financial behaviors is mom and dad. Clearly, we can't afford to wait.

*Make Your Kid a Money Genius (Even If You're Not)* is a jargon-free, step-by-step guide to help parents of all income levels teach their kids--from ages three to twenty-three--about money. It turns out the key to raising a money genius isn't to teach that four quarters equal a dollar or how to pick a stock. Instead, it's about instilling values that have been proven to make people successful--not just financially, but in life: delaying gratification, working hard, living within your means, getting a good education, and acting generously toward others. More specifically, you'll learn why allowance isn't the Holy Grail when teaching your kid to handle money, and why after-school jobs aren't always the answer either. You'll discover the right age to give your kid a credit card, and learn why doling out a wad of cash can actually be a good parenting move.

You don't need to *be* a money genius to make your kid a money genius. Regardless of your comfort level with finance--or your family's income--this charming and fun book is an essential guide for passing along enduring financial principles, making your kids wise beyond their years--and peers--when it comes to money.

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**Princess Diarist**

by Carrie Fisher

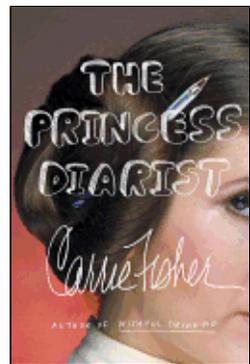
Published 2016 by Blue Rider Press

Hardcover, English. ISBN: 9780399173592

[Find this book in our catalog.](#)

**Jacket Notes:**

*The Princess Diarist* is Carrie Fisher's intimate, hilarious and revealing recollection of what happened behind the scenes on one of the most famous film sets of all time, the first *Star Wars* movie. \*Named a PEOPLE Magazine Best Book of Fall 2016 \*A New York Times Bestseller \*



**Bright Lights: Starring Carrie Fisher and Debbie Reynolds premieres on HBO in January 2017.**

When Carrie Fisher recently discovered the journals she kept during the filming of the first *Star Wars* movie, she was astonished to see what they had preserved: plaintive love poems, unbridled musings with youthful naivete, and a vulnerability that she barely recognized. Today, her fame as an author, actress, and pop-culture icon is indisputable, but in 1977, Carrie Fisher was just a teenager with an all-consuming crush on her costar, Harrison Ford.

With these excerpts from her handwritten notebooks, *The Princess Diarist* is Fisher's intimate and revealing recollection of what happened on one of the most famous film sets of all time and what developed behind the scenes. Fisher also ponders the joys and insanity of celebrity, and the absurdity of a life spawned by Hollywood royalty, only to be surpassed by her own outer-space royalty. Laugh-out-loud hilarious and endlessly quotable, *The Princess Diarist* brims with the candor and introspection of a diary while offering shrewd insight into the type of stardom that few will ever experience."

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## Zero Belly Smoothies: Lose Up to 16 Pounds in 14 Days and Sip Your Way to a Lean & Healthy You!

by David Zinczenko

Published 2016 by Ballantine Books

Paperback, English. ISBN: 9780399178443

[Find this book in our catalog.](#)

### Jacket Notes:

**NEW YORK TIMES BESTSELLER - Lose up to 16 Pounds in 14 Days with *Zero Belly Smoothies!***

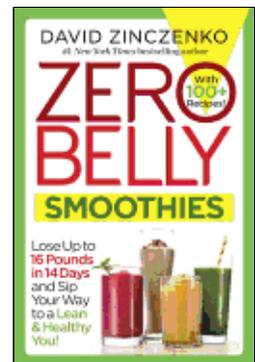
Watch the pounds disappear--with the press of a button! That's all it takes to blend up a Zero Belly Smoothie, a unique mix of supernutrients that will flatten your gut, boost your metabolism, heal your digestive system, and turn off your fat genes for good.

With fat-burning proteins and a specially selected array of high-powered fruits and vegetables, Zero Belly Smoothies--based on the *New York Times* bestseller *Zero Belly Diet*--are the fastest and most delicious ways ever created to sip off the pounds!

Inside you'll find a complete shopping guide, a bonus cleanse program, and more than 100 intensely flavorful recipes, including tasty green drinks, fresh and fruity smoothies, nutty, chocolatey shakes, and savory surprises.

*Zero Belly Smoothies* will help you

- Lose up to 16 pounds in 14 days.
- Melt away stubborn fat, from your belly first.
- Put an end to bloating and discomfort.
- Detox from unhealthy foods so you enjoy all-day energy.
- Turn off your fat storage genes and make long-term weight loss effortless.
- Look and feel younger and healthier than ever!



You'll be stunned and inspired by the results of an amazing 500-person test panel--men and women who lost weight quickly, and with ease, following the original Zero Belly diet, which included many of these Zero Belly Smoothies. In just the first 14 days

Bob McMicken, 51, lost 16.3 pounds.

Kyle Cambridge, 28, lost 15 pounds.

Martha Chesler, 54, lost 11 pounds.

Matt Brunner, 43, lost 14 pounds.

Focusing your weight-loss efforts on drinks will help you quickly strip away flab in a number of ways. Here's what makes Zero Belly Smoothies so effective:

### **1. They take the stress out of cooking and eating well.**

Studies have shown that the more diverse your diet, the more likely you are to experience weight gain. In fact, those who ate the widest range of foods showed a 120 percent greater increase in waist circumference compared with those who had the least diversity. In other words, people who have the best success at weight loss pick a set number of foods and tend to stick to them. Zero Belly Smoothies allow you to do exactly that.

### **2. They crowd out the junk in your diet.**

Zero Belly Smoothies come in all different flavors--chocolatey, fruity, green, and even savory--but they all have one thing in common: no added sugars. In a 2015 study in Sweden, researchers followed 42,400 men over the course of 12 years. They found that men who consumed at least two servings per day of sweetened beverages had a 23 percent higher risk of heart failure compared with those who did not.

### **3. They battle food allergies and reduce inflammation.**

What's also unique about Zero Belly Smoothies is that they are vegan: no milk, no yogurt, no whey protein. Plant-based protein powders are a low-sugar, high-fiber alternative to popular dairy-based supplements. A study by the University of Tampa that compared plant protein with whey found it to be equally as effective at changing body composition and boosting muscle recovery and growth!

### **4. They make you feel fuller longer!**

Studies show that high-protein smoothies are highly effective at rushing nutrients to your muscles and that blended fruit drinks, which include all the fiber, will actually keep you fuller longer than fruit juices.

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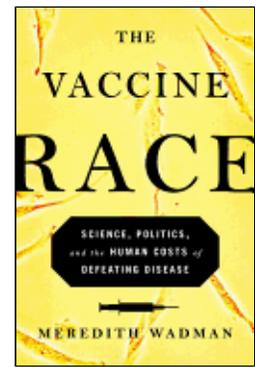
## **Vaccine Race: Science, Politics, and the Human Costs of Defeating Disease**

by Meredith Wadman

Published 2017 by Viking

Hardcover, English. ISBN: 9780525427537

[Find this book in our catalog.](#)



**Jacket Notes:**

"Riveting . . . [*The Vaccine Race*] invites comparison with Rebecca Skloot's 2007 *The Immortal Life of Henrietta Lacks*."-*Nature*

**"This is a story about the war against disease--a war without end--and the development of enormously important vaccines, but in telling that story, in showing how science works, Meredith Wadman reveals much more. I loved this book."**

**--John M. Barry, *New York Times* bestselling author of *The Great Influenza***

**The epic and controversial story of a major breakthrough in cell biology that led to the conquest of rubella and other devastating diseases.**

Until the late 1960s, tens of thousands of American children suffered crippling birth defects if their mothers had been exposed to rubella, popularly known as German measles, while pregnant; there was no vaccine and little understanding of how the disease devastated fetuses. In June 1962, a young biologist in Philadelphia, using tissue extracted from an aborted fetus from Sweden, produced safe, clean cells that allowed the creation of vaccines against rubella and other common childhood diseases. Two years later, in the midst of a devastating German measles epidemic, his colleague developed the vaccine that would one day wipe out homegrown rubella. The rubella vaccine and others made with those fetal cells have protected more than 150 million people in the United States, the vast majority of them preschoolers. The new cells and the method of making them also led to vaccines that have protected billions of people around the world from polio, rabies, chicken pox, measles, hepatitis A, shingles and adenovirus.

Meredith Wadman's masterful account recovers not only the science of this urgent race, but also the political roadblocks that nearly stopped the scientists. She describes the terrible dilemmas of pregnant women exposed to German measles and recounts testing on infants, prisoners, orphans, and the intellectually disabled, which was common in the era. These events take place at the dawn of the battle over using human fetal tissue in research, during the arrival of big commerce in campus labs, and as huge changes take place in the laws and practices governing who "owns" research cells and the profits made from biological inventions. It is also the story of yet one more unrecognized woman whose cells have been used to save countless lives.

With another frightening virus imperiling pregnant women on the rise today, no medical story could have more human drama, impact, or urgency today than *The Vaccine Race*.

[Read or Write a Comment ►](#)

Publishers Weekly 12/12/2016

Wadman, staff writer for *Science*, depicts the cutthroat competition, ugly politics, brilliant science, and questionable ethics that underscored the research and development, during the 1960s and '70s, of vaccines that have protected many millions of Americans from rubella, polio, rabies, and other diseases. She provides an excellent introductory primer on cell biology to complement colorful sketches of the personalities of the pioneering biologists who produced the first live vaccines while challenging scientific tenets and medical ethics. The book is not for the squeamish. Wadman details the surgical and laboratory processes scientists used to develop vaccines, and describes the testing of vaccine prototypes on both children and adults--done mostly without their consent, in orphanages, asylums, schools, and prisons. She also documents the beginnings

of the biotechnology industry in the 1980s and the concomitant rise and fall of Leonard Hayflick, who created the crucial WI-38 cell strain and entered into multi-million dollar business agreements before coming under investigation by the National Institutes of Health and getting embroiled in a much-publicized court battle with the U.S. government over ownership of the valuable cells. This is an exemplary piece of medical journalism, and Wadman makes strikingly clear the human costs of medical developments as well as the roles of politics and economics. (*Feb.*)

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