

Kingston Public Library

6 Green Street, Kingston Massachusetts 02364

781-585-0517



[Calendar](#)

[General Information](#)

[Events & Programs](#)

[Reference](#)

[Readers](#)

[Gifts](#)

[Friends of the Library](#)

[Kids](#)

[Teens](#)

[Local History](#)

KPL Nonfiction May 2017

New Pressure Cooker Cookbook: 150 Delicious, Fast, and Nutritious Dishes

by Ellen Brown

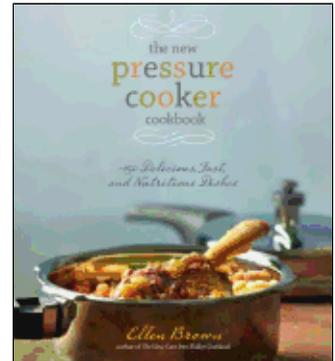
Published 2016 by Sterling Publishing (NY)

Hardcover, English. ISBN: 9781454921752

[Find this book in our catalog.](#)

Jacket Notes:

In recent years, the pressure cooker has been reinvented, making it safer and easier to use than ever before. This is the most up-to-date book on cooking with today's fantastic new models. Ellen Brown, author of the popular *New Cast Iron Skillet Cookbook*, explains how these devices work, and how they make beef reach an ethereal state of -fork tender- in 30 minutes and cook a whole head of cauliflower to perfection in six. The 150 recipes feature a range of dishes both familiar and globally inflected, from Vietnamese Beef Pho, Seafood Jambalaya, and Moroccan Chicken with Olives and Preserved Lemons to Hoppin' John with Ham and Corn Spoonbread. And don't miss the Mexican Chocolate Pudding!



[Read or Write a Comment ►](#)

Born to Be Wild: Hundreds of Free Nature Activities for Families

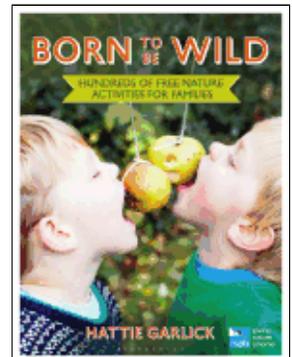
by Hattie Garlick

Published 2016 by Bloomsbury Natural History

Paperback, English. ISBN: 9781472915337

[Find this book in our catalog.](#)

Jacket Notes:



Want to save cash, your child's imagination, and possibly even the planet? This is the book you need. Packed with great photos of real families in the outdoors, *Born to Be Wild* contains easy-to-follow instructions for activities that require nothing more sophisticated than a child's imagination and access to a little outdoor space.

Organized by season and then by material, it lets parents skip straight to Spring, and then to "Blossom," "Grass," or "Earth," according to their present need. Everything you need to engage in all of its hundreds of activities can be found in your kitchen. No expensive art supplies or outward-bound kit required. All you need is the "Toolkit" listed at the front of the book. These ordinary household essentials include recycled food containers, scraps of paper, string, glue, and an empty jar or two.

Along the way, Hattie Garlick talks to families, organizations, cultures, and communities who have rebuilt their relationships with nature--with inspiring results--and introduces scientists, psychologists, and other experts who explain why nature matters in our children's modern lives.

[Read or Write a Comment ►](#)

Publishers Weekly 05/02/2016

Journalist Garlick, also a mother of two, provides simple instructions for hundreds of activities that parents can do with young children outdoors. This chatty guide is meant as a jumping-off point, as Garlick convincingly shows that wild places contain endless opportunities for fun. The photographs depicting children focusing deeply on feathers, exhibiting plucky happiness as they galumph through a meadow, or sweetly embracing yoga poses will make readers of all ages antsy to get started. Garlick begins with a basic toolkit, listing helpful ordinary household items (such as scissors, rubber bands, ribbons, and old cardboard scraps) and including general guidelines for nurturing nature instead of knocking it about. The activities are organized first by season and then by material. Spring, for example, includes numerous ways to play with grass (build a nest, make a grass crown, etc.), and the autumn season makes use of acorns and pinecones (build an acorn man, make a conker mobile). Some activities are quick fixes (e.g., roll down a hill); others require an afternoon's time or a day trip to the beach. Nature and imagination are a potent combination, exposing children to all sorts of delights, and this book provides endless remedies to the indoorsiness of urban life. (May) Copyright 2016 Publishers Weekly Used with permission.

Pogue's Basics: Money: Essential Tips and Shortcuts (That No One Bothers to Tell You) about Beating the System

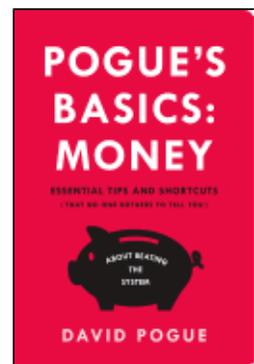
by David Pogue

Published 2016 by Flatiron Books

Paperback, English. ISBN: 9781250081414

[Find this book in our catalog.](#)

Jacket Notes:



Want to know where you can buy \$100 iTunes gift cards for \$85?

Did you know you can pay your taxes by using a cash-back credit card?

Why are you still paying \$235 a year to rent your cable box?

You're leaving money on the table every day, with every transaction you make: changing your oil, withdrawing ATM cash, booking flights, buying insurance, shopping for clothes, squirting toothpaste. But in *Pogue's Basics: Money*, the third book of this *New York Times* bestselling series, David Pogue proves that information is money. Each of his 150 simple tips and tricks includes a ballpark estimate of the money you could make or save. Okay, you won't use every tip in the book--but if you did, you'd come ahead by \$61,195 a year.

[Read or Write a Comment ►](#)

How America Lost Its Secrets: Edward Snowden, the Man and the Theft

by Edward Jay Epstein

Published 2017 by Knopf Publishing Group

Hardcover, English. ISBN: 9780451494566

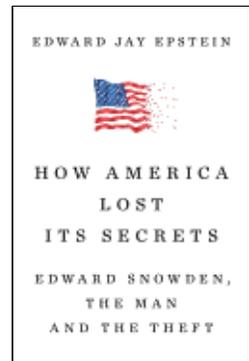
[Find this book in our catalog.](#)

Jacket Notes:

A groundbreaking expose that convincingly challenges the popular image of Edward Snowden as hacker turned avenging angel, while revealing how vulnerable our national security systems have become--as exciting as any political thriller, and far more important.

After details of American government surveillance were published in 2013, Edward Snowden, formerly a subcontracted IT analyst for the NSA, became the center of an international controversy: Was he a hero, traitor, whistle-blower, spy? Was his theft legitimized by the nature of the information he exposed? When is it necessary for governmental transparency to give way to subterfuge? Edward Jay Epstein brings a lifetime of journalistic and investigative acumen to bear on these and other questions, delving into both how our secrets were taken and the man who took them. He makes clear that by outsourcing parts of our security apparatus, the government has made classified information far more vulnerable; how Snowden sought employment precisely where he could most easily gain access to the most sensitive classified material; and how, though he claims to have acted to serve his country, Snowden is treated as a prized intelligence asset in Moscow, his new home.

[Read or Write a Comment ►](#)



Return: Fathers, Sons and the Land in Between

by Hisham Matar

Published 2016 by Random House

Hardcover, English. ISBN: 9780812994827

[Find this book in our catalog.](#)

Jacket Notes:

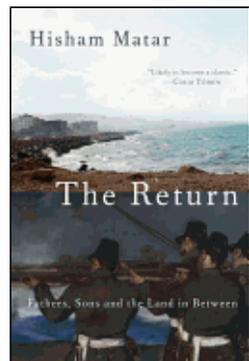
WINNER OF THE PULITZER PRIZE - The acclaimed memoir about fathers and sons, a legacy of loss, and, ultimately, healing--one of *The New York Times Book Review's* ten best books of the year, winner of the PEN/Jean Stein Book Award, and a finalist for the National Book Critics Circle Award and the *Los Angeles Times* Book Prize

NAMED ONE OF THE BEST BOOKS OF THE YEAR BY

Michiko Kakutani, *The New York Times* - *The Washington Post* - *The Guardian* - *Financial Times*

When Hisham Matar was a nineteen-year-old university student in England, his father went missing under mysterious circumstances. Hisham would never see him again, but he never gave up hope that his father might still be alive. Twenty-two years later, he returned to his native Libya in search of the truth behind his father's disappearance. *The Return* is the story of what he found there.

The Pulitzer Prize citation hailed *The Return* as "a first-person elegy for home and father." Transforming his personal quest for answers into a brilliantly told universal tale of hope and resilience, Matar has given us an unforgettable work with a powerful human question at its core: How does one go on living in the face of unthinkable loss?



Praise for *The Return*

"A tale of mighty love, loyalty and courage. It simply must be read."--*The Spectator* (U.K.)

"Wise and agonizing and thrilling to read."--**Zadie Smith**

"[An] eloquent memoir . . . at once a suspenseful detective story about a writer investigating his father's fate . . . and a son's efforts to come to terms with his father's ghost, who has haunted more than half his life by his absence."--**Michiko Kakutani**, *The New York Times*

"This outstanding book . . . roves back and forth in time with a freedom that conceals the intricate precision of its art."--*The Wall Street Journal*

"Truly remarkable . . . a book with a profound faith in the consolations of storytelling . . . a testament to [Matar's] father, his family and his country."--*The Daily Telegraph* (U.K.)

"*The Return* is a riveting book about love and hope, but it is also a moving meditation on grief and loss. . . . Likely to become a classic."--**Colm Toibin**

"Matar's evocative writing and his early traumas call to mind Vladimir Nabokov."--*The Washington Post*

"Utterly riveting."--*The Boston Globe*

"A moving, unflinching memoir of a family torn apart."--**Kazuo Ishiguro**, *The Guardian*

"Beautiful . . . *The Return*, for all the questions it cannot answer, leaves a deep emotional imprint."--*Newsday*

"A masterful memoir, a searing meditation on loss, exile, grief, guilt, belonging, and above all, family. It is, as well, a study of the shaping--and breaking--of the bonds between fathers and sons. . . . This is writing of the highest quality."--*The Sunday Times* (U.K.)

[Read or Write a Comment](#) ▶

Furious George: My Forty Years Surviving NBA Divas, Clueless Gms, and Poor Shot Selection

by George Karl

Published 2017 by Harper

Hardcover, English. ISBN: 9780062367792

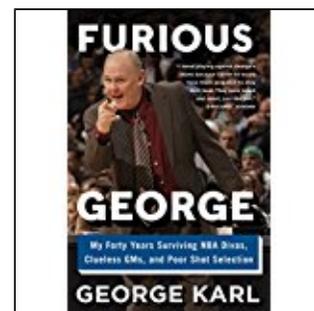
[Find this book in our catalog.](#)

Jacket Notes:

The most outspoken and combative coach in NBA history--and one of the most successful, amassing more than 1,175 victories, the sixth best winning record ever--reflects on his life, his career, and his battles on and off the basketball court in this no-holds-barred memoir

A man of deep passion and intensity, George Karl earned his bad boy reputation while playing at the University of North Carolina, a rap that continued through the five years he spent with the San Antonio Spurs--and long after he stopped playing.

Karl's beery nights, fistfights, and barking followed him into a thirty-five-year coaching career. In a game defined by big stakes and bigger egos, rabid fans and an unforgiving media, Karl was hired and fired a dozen times. After leading a team beset by injuries and with no superstar to its best season of all time--an achievement that earned Karl the title NBA Coach of the Year--he was dumped by the Denver Nuggets in 2013. Less than a year and a half later, Karl was at the helm of the



Sacramento Kings, snarling and bellowing on the sidelines before being cut loose in May 2016.

Intense, obstinate, and loud, Karl has never backed down from a confrontation, whether with management, officials, or star players, as NBA legends from Allan Iverson to Gary Payton to Carmelo Anthony to Demarcus Cousins can attest. Telling his story, Karl holds nothing back as he speaks out about the game that has defined his life, including the greed, selfishness, and ass-covering he believes are characteristic of the modern NBA player, and the rampant corruption that leads all the way to the office of the NBA commissioner, David Stern. Karl also reveals how he's learned to deal with the personalities, the pressure, and the setbacks with a resilience he acquired from his three bouts with cancer.

Raw, hard-hitting, and brutally honest, *Furious George* is as thrilling, unpredictable, and entertaining as the game that has defined Karl's life.

Read or Write a Comment ►

Publishers Weekly 10/24/2016

In his first book, Karl, a successful, well-traveled NBA head coach (most recently of the Sacramento Kings), writing with Sampson (*The Masters*), promises to settle old scores and get in the last word. Given his history of talking openly, this is a delightful promise--but his work soon proves annoying and guarded. There are highlights, such as his descriptions of what it's like to coach a game and how his intensity for work isolated himself from his family, including his son. He examines his relationships with mentors such as Dean Smith to players they coached. He says Knicks forward Carmelo Anthony was a "conundrum" and a "user of people," and his star player in Sacramento, DeMarcus Cousins, "was the most disrespectful person I've ever been around," but his criticism is more petty than revealing. Though Karl talks about how his 2010 diagnosis of throat and neck cancer changed his approach to work and diet, he mostly fails to address his own performance at his six NBA coaching stops--all of which ended on less than congenial terms. After a rocky, abbreviated stint in Sacramento, the 64-year-old Karl hints that he'd like to coach again. That may explain the frustrating honesty-with-limits approach employed here. *Agent: Byrd Leavell, Waxman Leavell Literary. (Jan.)*

Copyright 2016 Publishers Weekly, LLC Used with permission.

Marches: A Borderland Journey Between England and Scotland

by Rory Stewart

Published 2016 by Houghton Mifflin

Hardcover, English. ISBN: 9780544108882

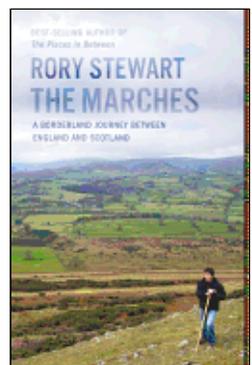
[Find this book in our catalog.](#)

Jacket Notes:

From the best-selling author of *The Places in Between*, "a flat-out masterpiece" (*New York Times Book Review*), an exploration of the Marches--the borderland between England and Scotland--and the people, history, and conflicts that have shaped it

In *The Places in Between* Rory Stewart walked through the most dangerous borderlands in the world. Now he walks along the border he calls home--where political turmoil and vivid lives have played out for centuries across a magnificent natural landscape--to tell the story of the Marches.

In his thousand-mile journey, Stewart sleeps on mountain ridges and housing estates, in hostels and farmhouses. Following the lines of Neolithic standing stones, wading through floods and ruined fields, he walks Hadrian's Wall with soldiers who have fought in Afghanistan and visits the Buddhist monks who outnumber Christian monks in the Scottish countryside today. He melds the stories of the people he meets with the region's political and economic history, tracing the creation of Scotland from ancient tribes to the independence referendum. And he discovers another country buried in history, a vanished Middleland: the lost kingdom of Cumbria.



With every step, Stewart reveals the force of myths and traditions and the endurance of ties that are woven into the fabric of the land itself. A meditation on deep history, the pull of national identity, and home, *The Marches* is a transporting work from a powerful and original writer.

[Read or Write a Comment ►](#)

Publishers Weekly 10/31/2016

The blurry geographic and cultural line between regions that have been (and might someday be) separate nations is explored in this ruminative travelogue. Stewart, an Englishman who grew up partly in Scotland and represents an English border district in Parliament, follows *The Places In Between*, his 2006 account of trekking across Afghanistan by foot, with this narrative of walking trips through English-Scottish border areas. Musing on the nature of frontiers, he ponders Hadrian's Wall marking Roman Britain off from the barbarian north; the Northumbrian lands where medieval Celtic, Anglo-Saxon, and Norse settlers uneasily coexisted; cross-border feuds that inspired Walter Scott's romances; and the separatist impulses surrounding the 2014 Scottish independence referendum. He also paints vivid portraits of the region's rich (though sodden) landscapes, and trenchantly critiques environment policies that try to return the human-scaled "living countryside" of 1,000-year-old grazing and farming terrain to wild bog and forest for the sake of biodiversity and carbon sinks. Stewart anchors his lively mix of history, travelogue, and reportage on local communities in a vibrant portrait of his father, who was both a tartan-wearing Scotsman and a thoroughly British soldier and diplomat. This is a subtle, clear-eyed, ardent case for the United Kingdom's future, one that recognizes cross-border divisions but deeply values ties that bind. (Nov.)

Copyright 2016 Publishers Weekly, LLC Used with permission.

Expect Great Things: The Life and Search of Henry David Thoreau

by Kevin Dann

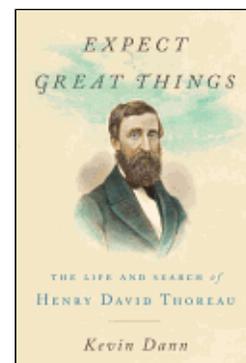
Published 2017 by Tarcherperigee

Hardcover, English. ISBN: 9780399184666

[Find this book in our catalog.](#)

Jacket Notes:

"To coincide with the bicentennial of Thoreau's birth in 2017, this thrilling, meticulous biography by naturalist and historian Kevin Dann fills a gap in our understanding of one modern history's most important spiritual visionaries by capturing the full arc of Thoreau's life as a mystic, spiritual seeker, and explorer in transcendental realms. This sweeping, epic biography of Henry David Thoreau sees Thoreau's world as the mystic himself saw it: filled with wonder and mystery; Native American myths and lore; wood sylphs, nature spirits, and fairies; battles between good and evil; and heroic struggles to live as a natural being in an increasingly synthetic world. Above all, *Expect Great Things* critically and authoritatively captures Thoreau's simultaneously wild and intellectually keen sense of the mystical, mythical, and supernatural. Other historians have skipped past or undervalued these aspects of Thoreau's life. In this groundbreaking work, historian and naturalist Kevin Dann restores Thoreau's esoteric visions and explorations to their rightful place as keystones of the man himself"--



[Read or Write a Comment ►](#)

Publishers Weekly 09/05/2016

Dann (*Lewis Creek Lost and Found*) conducts a graceful, attentive inquiry into the mind of Henry David Thoreau, mystic, transcendentalist, and natural philosopher. Dann acknowledges Thoreau's place among fellow transcendentalists Bronson Alcott, Margaret Fuller, and Ralph Waldo Emerson, but is more interested in the experiences that led Thoreau to his oracular poetry and the intense study of the natural world recorded in his journals. This book depicts Thoreau's scrupulous observations as both scientific and reverent, eschewing the mechanical and analytical for a relational, sympathetic science that saw the world as numinous and alive with spirits. It dives so deeply into the project of mapping Thoreau's internal landscape that the outline of his outer life—his work, his relationships, even his famous experiment at Walden Pond of the very serious business of living authentically—seems only

lightly sketched in comparison. Dann shows an ease with the metaphysical (which is typically considered at odds with the discipline of the historian), making a warm, sympathetic argument for Thoreau as a mystic and visionary and redefining his reputation as an ainefatigable measurer of trees and truth.a (Jan.) Copyright 2016 Publishers Weekly Used with permission.

Catwise: America's Favorite Cat Expert Answers Your Cat Behavior Questions

by Pam Johnson-Bennett

Published 2016 by Penguin Books

Paperback, English. ISBN: 9780143129561

[Find this book in our catalog.](#)

Jacket Notes:

Mark your calendars for Pam's CatWise Cat Cafe Tour! Beginning in March, she'll travel to some of the greatest cat cafes across the country to share tips and tricks from her brand new book, *Catwise*.

Top feline behavior expert (and author of Penguin's bestselling *Think Like a Cat* and *Cat vs. Cat*) answers the 150 questions most often asked by puzzled cat owners.

Even those of us who have lived with and loved our cats for decades are constantly stymied by their seemingly inexplicable acts, or have questions about why they do what they do and where they do it, and how we can get them to not do it. Here, in one complete authoritative guide, those elusive mysteries are solved. Why does my cat lick my hair? Why does the cat only want attention when I'm on the phone? How can I introduce my cat to my new dog? How can I get my cat to like my new husband

No one knows cats like Pam Johnson Bennett, whose pioneering thirty-year career as a cat behavior consultant has changed the way cat owners and experts alike view cats. Her books are bibles, but her fans and owners still flood her website and social media platforms with questions on topics that perplex them. *Catwise* combines the questions that come up most often with answers to help you solve your cat's behavior problems (or head them off before they start), or simply improve the relationship you have with your cat.

[Read or Write a Comment ►](#)

Publishers Weekly 09/12/2016

Feline behavioral expert Johnson-Bennett (*Think Like a Cat*) offers common-sense advice for cat owners on topics such as choosing a kitten, dealing with quirky food habits, and solving behavioral issues such as a cat not using the litter box. Using a question-and-answer format to introduce each section and then expanding on each topic, the author provides readers with succinct explanations of why cats behave as they do and how to successfully live with a cat. The book is an excellent choice for someone planning to adopt a kitten as well as for experienced cat owners with senior cats. (Oct.)

Copyright 2016 Publishers Weekly, LLC Used with permission.

New Odyssey: The Story of the Twenty-First Century Refugee Crisis

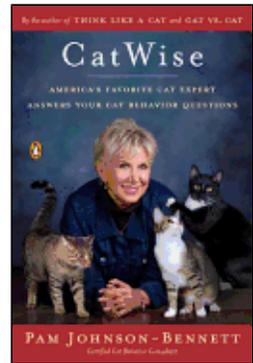
by Patrick Kingsley

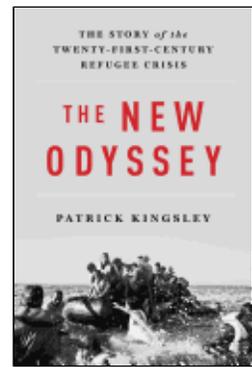
Published 2017 by Liveright Publishing Corporation

Hardcover, English. ISBN: 9781631492556

[Find this book in our catalog.](#)

Jacket Notes:





On the day of his son's fourteenth birthday, Hashem al-Souki lay somewhere in the Mediterranean, crammed in a wooden dinghy. His family was relatively safe--at least for the time being--in Egypt, where they had only just settled after fleeing their war-torn Damascus home three years prior. Traversing these unforgiving waters and the treacherous terrain that would follow was worth the slim chance of securing a safe home for his children in Sweden. If he failed, at least he would fail alone.?

Hashem's story is tragically common, as desperate victims continue to embark on deadly journeys in search of freedom. Tracking the harrowing experiences of these brave refugees, *The New Odyssey* finally illuminates the shadowy networks that have facilitated the largest forced exodus since the end of World War II.

The *Guardian's* first-ever migration correspondent, Patrick Kingsley has traveled through seventeen countries to put an indelible face on this overwhelming disaster. Embedding himself alongside the refugees, Kingsley reenacts their flight with hundreds of people across the choppy Mediterranean in the hopes of better understanding who helps or hinders their path to salvation. From the starving migrants who push through sandstorms with children strapped to their backs to the exploitive criminals who prey on them, from the smugglers who dangerously stretch the limits of their cargo space to the volunteers who uproot their own lives to hand out water bottles--what emerges is a kaleidoscope of humanity in the wake of tragedy. By simultaneously tracing the narrative of Hashem, who endured the trek not once but twice, Kingsley memorably creates a compassionate, visceral portrait of the mass migration in both its epic scope and its heartbreaking specificity.

Exposing the realities of this modern-day odyssey as well as the moral shortcomings evident in our own indifference, the result is a crucial call to arms and an unprecedented exploration of a world we too often choose not to know.

[Read or Write a Comment ►](#)

Publishers Weekly 09/19/2016

Guardian migration correspondent Kingsley (*How to Be Danish* has written a moving and timely book that presents the crisis of the subtitle in both microcosm and macrocosm. He opens with an episode from Syrian refugee Hashem al-Soukias harrowing trek from his embattled home country in search of a safe haven for his family in Europe. Kingsley then pulls back to put al-Soukias situation in context, convincingly arguing that while there is a refugee crisis, it is one caused largely by our response to the refugees, rather than by the refugees themselves. He points out that the number of refugees leaving Turkish shores in 2015 for the stability of Northern Europe represents just 0.2% of the E.U.'s total population, an influx that the world's richest continent can feasibly absorb. Kingsley also notes that the failure to create an organized system of mass resettlement contributed to the situation. Alternating sections tracing al-Soukias odyssey help keep the reader grounded in the horrifying realities of the tragedy, while carefully chosen details, such as smugglers setting up Facebook pages to attract business, demonstrate how even responses to crisis can become prosaic. Illus. (Jan.) Copyright 2016 Publishers Weekly Used with permission.

Footnotes from the World's Greatest Bookstores: True Tales and Lost Moments from Book Buyers, Booksellers, and Book Lovers

by Bob Eckstein

Published 2016 by Clarkson Potter Publishers

Hardcover, English. ISBN: 9780553459272

[Find this book in our catalog.](#)

Jacket Notes:

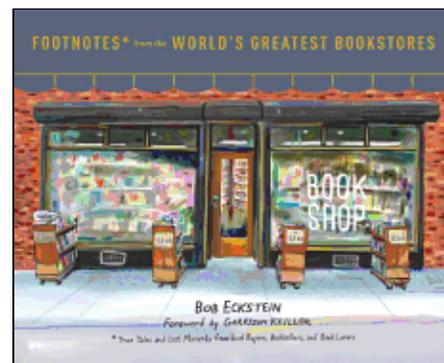
NEW YORK TIMES BEST SELLER

From the beloved *New Yorker* cartoonist comes a collection of paintings and stories from some of the world's most cherished bookstores. The collection of 75 evocative paintings and colorful anecdotes invites you into the heart and soul of every community: the local bookshop, each with its own quirks, charms, and legendary stories.

The book features an incredible roster of great bookstores from across the globe and stories from writers, thinkers and artists of our time, including David Bowie, Tom Wolfe, Jonathan Lethem, Roz Chast, Deepak Chopra, Bob Odenkirk, Philip Glass, Jonathan Ames, Terry Gross, Mark Maron, Neil Gaiman, Ann Patchett, Chris Ware, Molly Crabapple, Amitav Ghosh, Alice Munro, Dave Eggers, Garrison Keillor and many more.

Page by page, Eckstein perfectly captures our lifelong love affair with books, bookstores, and book-sellers that is at once heartfelt, bittersweet, and cheerfully confessional.

[Read or Write a Comment ►](#)



Smashed, Mashed, Boiled, and Baked--And Fried, Too!: A Celebration of Potatoes in 75 Irresistible Recipes

by Raghavan Iyer

Published 2016 by Workman Publishing

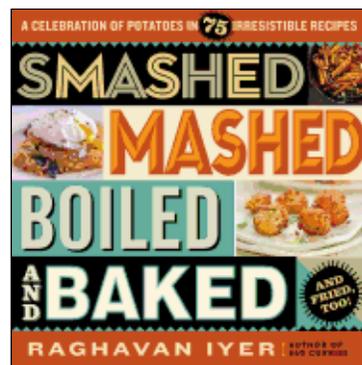
Paperback, English. ISBN: 9780761185475

[Find this book in our catalog.](#)

Jacket Notes:

Who knew a potato could ever taste so good? Raghavan Iyer, that's who! A master teacher and beloved, award-winning cookbook author, Raghavan pays tribute to his favorite ingredient in a continent-by-continent celebration of the amazing potato. Its recipes, inspired by a diversity of cuisines and accompanied by enticing full-color photographs, feature scrumptious starters, like Ecuadorean Llapingachos and Sweet Potato Samosas. Hearty mains: Canadian Lamb-Potato Torti?re, Moroccan Potato Stew with Saffron Biscuits, Potato Lasagna. Plus rich gratins, a boundary-defying Mojito Potato-Pomegranate Salad, luscious sauces and condiments, and even desserts, including a decadent Chocolate Sweet Potato Pound Cake. Includes a guide to potato varieties, uses, and storage, plus fascinating stories in potato history for the truly obsessed.

[Read or Write a Comment ►](#)



Lion in the Living Room: How House Cats Tamed Us and Took Over the World

by Abigail Tucker

Published 2016 by Simon & Schuster

Hardcover, English. ISBN: 9781476738239

[Find this book in our catalog.](#)

Jacket Notes:

"By turns funny and disturbing, *The Lion in the Living Room* is full of surprises. Like all the best nonfiction, it will make you think twice about the world around you." --Elizabeth Kolbert, bestselling author of *The Sixth Extinction*

"Dig deep into the history, biology, and science of house cats in this charming, highly informative read that explains how cats came to rule." -
-*B&N Reads*

"Eminently readable and gently funny, Tucker's blend of pop science and social commentary will appeal to cat lovers as well as a broad general audience with an interest in natural history." --*Library Journal* (starred review)

A lively adventure through history, natural science, and pop culture in search of how cats conquered the world, the Internet, and our hearts.

House cats rule back alleys, deserted Antarctic islands, and our bedrooms. Clearly, they own the Internet, where a viral cat video can easily be viewed upwards of ten million times. But how did cats accomplish global domination? Unlike dogs, they offer humans no practical benefit. The truth is they are sadly incompetent rat-catchers and pose a threat to many ecosystems. Yet, we love them still.

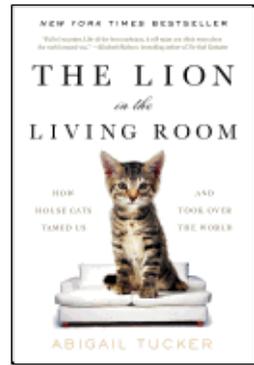
To better understand these furry strangers in our midst, Abby Tucker travels to meet the breeders, activists, and scientists who've dedicated their lives to cats. She visits the labs where people sort through feline bones unearthed from the first human settlements, treks through the Floridian wilderness in search of house cats on the loose, and hangs out with Lil Bub, one of the world's biggest feline celebrities.

Witty, intelligent, and always curious, Tucker shows how these tiny creatures have used their relationship with humans to become one of the most powerful animals on the planet. The appropriate reaction to a cuddly kitten, it seems, might not be *aww* but *awe*.

[Read or Write a Comment ►](#)

Publishers Weekly 07/25/2016

Debut author Tucker, a writer for "Smithsonian" and a cat lover, avoids cute cat tales while using the science and history of *Felis catus* to explore cats' relationship to people. Beginning with a visit to the La Brea Tar Pits, Tucker gives a clear and comprehensible tour of the evolution of the cat. The earliest tamed cats, less domestic recruits than opportunistic invaders, may have just been the boldest of their breed, taking advantage of the food around human encampments. They were not friendly as much as fearless in approaching humans, a trait passed down to their descendants. Tucker neatly moves to the next question: Why did people keep cats around? Environmentally, cats are a disaster. A multitude of places around the world struggle with the chaos cats have caused by overbreeding and killing native creatures. Yet cats remain beloved, possibly because of how much they resemble human young. Affective kina in the terms of evolutionary psychologists. How do people react to their fictive kin? Tucker's informative interviews with werewolf cat breeders, cat lobbyists, and Internet star Little Bub's owner round out a thoughtful look at the illogical human love of felines. "(Oct.)" Copyright 2016 Publishers Weekly. Used with permission.



War Within: Diaries from the Siege of Leningrad

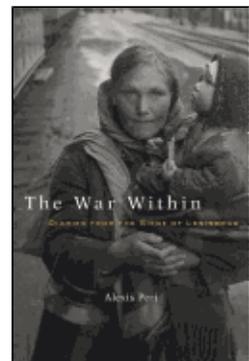
by Alexis Peri

Published 2017 by Harvard University Press

Hardcover, English. ISBN: 9780674971554

[Find this book in our catalog.](#)

Jacket Notes:



In September 1941, two and a half months after the Nazis invaded the Soviet Union, the German Wehrmacht encircled Leningrad. Cut off from the rest of Russia, the city remained blockaded for 872 days, at a cost of almost a million civilian lives, making it one of the longest and deadliest sieges in modern history.

The War Within chronicles the Leningrad blockade from the perspective of those who endured the unendurable. Drawing on 125 unpublished diaries written by individuals from all walks of Soviet life, Alexis Peri tells the tragic story of how citizens struggled to make sense of a world collapsing around them. Residents recorded in intimate detail the toll taken on minds and bodies by starvation, bombardment, and disease. For many, diary writing became instrumental to survival--a tangible reminder of their humanity. The journals also reveal that Leningraders began to reexamine Soviet life and ideology from new, often critical perspectives.

Leningrad's party organization encouraged diary writing, hoping the texts would guide future histories of this epic battle. But in a bitter twist, the diarists became victims not only of Hitler but also of Stalin. The city's isolation from Moscow made it politically suspect. When the blockade was lifted in 1944, Kremlin officials censored publications describing the ordeal and arrested hundreds of Leningrad's wartime leaders. Many were executed. Diaries--now dangerous to their authors--were concealed in homes, shelved in archives, and forgotten. *The War Within* recovers these lost narratives, shedding light on one of World War II's darkest episodes.

[Read or Write a Comment ►](#)

Rise and Fall of Nations: Forces of Change in the Post-Crisis World

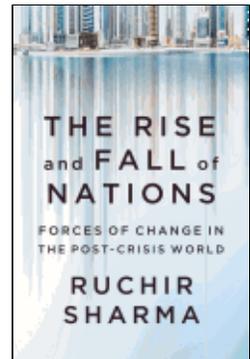
by Ruchir Sharma

Published 2016 by W. W. Norton & Company

Hardcover, English. ISBN: 9780393248890

[Find this book in our catalog.](#)

Jacket Notes:



Shaped by his twenty-five years traveling the world, and enlivened by encounters with villagers from Rio to Beijing, tycoons, and presidents, Ruchir Sharma's *The Rise and Fall of Nations* rethinks the "dismal science" of economics as a practical art. Narrowing the thousands of factors that can shape a country's fortunes to ten clear rules, Sharma explains how to spot political, economic, and social changes in real time. He shows how to read political headlines, black markets, the price of onions, and billionaire rankings as signals of booms, busts, and protests. Set in a post-crisis age that has turned the world upside down, replacing fast growth with slow growth and political calm with revolt, Sharma's pioneering book is an entertaining field guide to understanding change in this era or any era.

A Library Journal Best Book of 2016

[Read or Write a Comment ►](#)

Best American Essays 2016

by Jonathan Franzen

Published 2016 by Mariner Books

Paperback, English. ISBN: 9780544812109

[Find this book in our catalog.](#)

Jacket Notes:

A true essay is "something hazarded, not definitive, not authoritative; something ventured on the basis of the author's personal experience and subjectivity," writes guest editor Jonathan Franzen in his introduction. However, his main criterion for selecting *The Best American Essays 2016* was, in a word, risk. Whether the risks involved championing an unpopular opinion, the possibility of ruining a professional career, or irrevocably offending family, for Franzen, "the writer has to be like the firefighter, whose job, while everyone else is fleeing the flames, is to run straight into them."

The Best American Essays 2016 includes ALEXANDER CHEE, PAUL CRENSHAW, JAQUIRA DIAZ, LAURA KIPNIS, AMITAVA KUMAR, SEBASTIAN JUNGER, JOYCE CAROL OATES, OLIVER SACKS, THOMAS CHATTERTON WILLIAMS *and others*

JONATHAN FRANZEN, guest editor, is the author of five novels, most recently *Purity*, and five works of nonfiction and translation, including *Farther Away* and *The Kraus Project*. He is a member of the American Academy of Arts and Letters, the German Akademie der Künste, and the French Ordre des Arts et des Lettres.

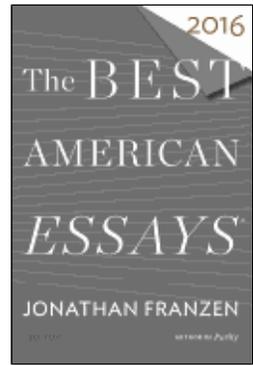
ROBERT ATWAN, the series editor of *The Best American Essays* since its inception in 1986, has published on a wide variety of subjects, from American advertising and early photography to ancient divination and Shakespeare. His criticism, essays, humor, poetry, and fiction have appeared in numerous periodicals nationwide.

[Read or Write a Comment ▶](#)

Publishers Weekly 08/29/2016

In choosing the essays for this thought-provoking volume, guest editor Franzen (*Purity*) used risk as his main criterion: specifically, did the author take one? And his selections do indeed go to risky, sensitive places. Most of all, they do what the essay form arguably does best: engaging the personal in order to reach larger themes. There are several standouts even among this stellar company, such as Joyce Carol Oates's gut-wrenching story of her severely autistic younger sister, and Jaquira Diaz's vivid telling of being abused as a child. Francisco Cantu's diary of becoming a border patrol agent is gripping. Laura Kipnis's exploration of sexual consent guidelines about relationships between students and college professors is startlingly candid. Alexander Chee and Mason Stokes both grapple with questions of queer identity, and Jill Sisson Quinn makes unexpectedly poignant connections between wanting to adopt a child and her love of salamander watching. The collection also includes one of the last pieces written by Oliver Sacks before his death in 2015. As Franzen notes in his excellent introduction, and as his selections prove, the essay form forces authors to take measure of themselves, and allows the reader to do so as well. (*Oct.*)

Copyright 2016 Publishers Weekly, LLC Used with permission.



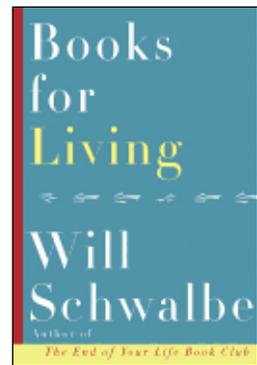
Books for Living

by Will Schwalbe

Published 2016 by Knopf Publishing Group

Hardcover, English. ISBN: 9780385353540

[Find this book in our catalog.](#)



Jacket Notes:

From the author of the beloved *New York Times* best-selling *The End of Your Life Book Club*, an inspiring and magical exploration of the power of books to shape our lives in an era of constant connectivity.

Why is it that we read? Is it to pass time? To learn something new? To escape from reality? For Will Schwalbe, reading is a way to entertain himself but also to make sense of the world, to become a better person, and to find the answers to the big (and small) questions about how to live his life. In this delightful celebration of reading, Schwalbe invites us along on his quest for books that speak to the specific challenges of living in our modern world, with all its noise and distractions. In each chapter, he discusses a particular book--what brought him to it (or vice versa), the people in his life he associates with it, and how it became a part of his understanding of himself in the world. These books span centuries and genres (from classic works of adult and children's literature to contemporary thrillers and even cookbooks), and each one relates to the questions and concerns we all share. Throughout, Schwalbe focuses on the way certain books can help us honor those we've loved and lost, and also figure out how to live each day more fully. Rich with stories and recommendations, *Books for Living* is a treasure for everyone who loves books and loves to hear the answer to the question: "What are you reading?"

[Read or Write a Comment ►](#)

Publishers Weekly 10/17/2016

The right book at the right time can change your life, Schwalbe (*The End of Your Life Book Club*) argues as he distills a lifetime of reading recommendations down to this personal list of books for many moods and occasions. The first book that Schwalbe recommends is Lin Yutang's *The Importance of Living*, an interesting work of practical philosophy that Schwalbe returns to over and over. Schwalbe also includes essays on children's books, YA, classics, and recent book such as *A Little Life*, Hanya Yanagihara's 2015 novel. He uses these brief essays as springboards into other topics, such as worry over our Orwellian addiction to smartphones, the AIDS crisis of the 1980s, and why napping should be deemed a human right. His experience taking a class in ancient Greek and reading *The Odyssey* turns into a memoir about a teacher who inspired him. When he reflects on *Giovanni's Room* by James Baldwin, he thinks of the high school librarian who subtly provided him with books by gay writers. Schwalbe's tremendous experience with reading and his stellar taste make for a fine guide to the varied and idiosyncratic list of books for which he advocates. By the end of the book, all serious readers will have added some titles to their to-read lists. Agent: John Brockman, Brockman Inc. (Dec.)

Copyright 2016 Publishers Weekly, LLC Used with permission.

Snowball in a Blizzard: A Physician's Notes on Uncertainty in Medicine

by Steven Hatch

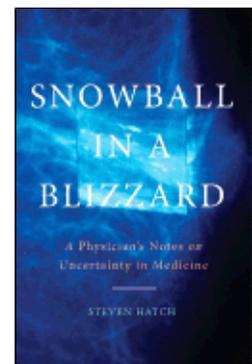
Published 2016 by Basic Books

Hardcover, English. ISBN: 9780465050642

[Find this book in our catalog.](#)

Jacket Notes:

There's a running joke among radiologists: finding a tumor in a mammogram is akin to finding a snowball in a blizzard. A bit of medical gallows humor, this simile illustrates the difficulties of finding signals (the snowball) against a background of noise (the blizzard). Doctors are



faced with similar difficulties every day when sifting through piles of data from blood tests to X-rays to endless lists of patient symptoms.

Diagnoses are often just educated guesses, and prognoses less certain still. There is a significant amount of uncertainty in the daily practice of medicine, resulting in confusion and potentially deadly complications. Dr. Steven Hatch argues that instead of ignoring this uncertainty, we should embrace it. By digging deeply into a number of rancorous controversies, from breast cancer screening to blood pressure management, Hatch shows us how medicine can fail--sometimes spectacularly--when patients and doctors alike place too much faith in modern medical technology. The key to good health might lie in the ability to recognize the hype created by so many medical reports, sense when to push a physician for more testing, or resist a physician's enthusiasm when unnecessary tests or treatments are being offered.

Both humbling and empowering, *Snowball in a Blizzard* lays bare the inescapable murkiness that permeates the theory and practice of modern medicine. Essential reading for physicians and patients alike, this book shows how, by recognizing rather than denying that uncertainty, we can all make better health decisions.

[Read or Write a Comment ►](#)

Publishers Weekly 01/04/2016

In this carefully argued, unsettling, and important work, Hatch, assistant professor of medicine at the University of Massachusetts Medical School, analyzes how doctors deal with diagnostic ambiguity. Early detection should save lives, yet, unnervingly, as diagnostic tests detect more early disease, death rates haven't declined. Hatch explains sophisticated technology (ultrasound, the PSA blood test, CT scans) that turn up subtle abnormalities, and why interpreting a mammogram, for instance, is difficult. He discusses the aftermath of a 2009 decision by the U.S. Preventative Services Task Force, which concluded that yearly mammograms are often not lifesaving and are sometimes harmful. They recommended that women between the ages of 50 and 74 have one biennially, though older and younger women could skip it. Their recommendation was unanimous, but so was the outrage from both doctors and women who have ignored it, despite subsequent studies that confirm its validity. Using simple math, illustrations, and vivid anecdotes, Hatch explains that "positive" tests may be vague, and that people yearn for treatments to succeed so much that they tend to ignore evidence that casts doubt. Hatch's book may prove to be a tough sell because its conclusions contradict human impulses, but it is worthwhile reading for both doctors and patients. *Agent: Andy Ross, Andy Ross Literary Agency. (Feb.)*

Copyright 2016 Publishers Weekly, LLC Used with permission.

By Women Possessed: A Life of Eugene O'Neill

by Arthur Gelb

Published 2016 by Marian Wood Books/Putnam

Hardcover, English. ISBN: 9780399159114

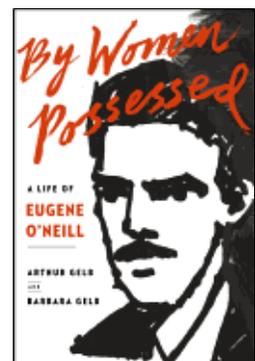
[Find this book in our catalog.](#)

Jacket Notes:

Celebrated for their books on Eugene O'Neill and enjoying access to a trove of previously sealed archival material, the Gelbs deliver their final volume on the stormy life and brilliant oeuvre of this Nobel Prize winning American playwright.

This is a tour through both a magical moment in American theater and the troubled life of a genius. Not a peep show or a celebrity gossip fest, this book is a brilliant investigation of the emotional knots that ensnared one of our most important playwrights. Handsome, charming when he wanted to be: O'Neill was the flame women were drawn to all, that is, except his mother, who never let him forget he was unwanted.

By Women Possessed follows O'Neill through his great successes, the failures he was able to shrug off, and the long eclipse, a twelve-year period in which, despite the Nobel, nothing he wrote was produced. But ahead lay his greatest achievements: *The Iceman Cometh* and *Long Day's Journey into Night*. Both were ahead of their time and both received lukewarm receptions.



It wasn't until after his death that his widow, the keeper of the flame, began a fierce and successful campaign to restore his reputation. The result is that today, just over 125 years after his birth, O'Neill is a towering presence in the theater, his work always in performance here and abroad still electrifying audiences. Perhaps of equal importance, he is the acknowledged father of modern American theater, the man who paved the way for the likes of Arthur Miller, Tennessee Williams, Edward Albee, and a host of others. But, as Williams has said, at a cost: O'Neill gave birth to the American theater and died for it."

[Read or Write a Comment ►](#)

Publishers Weekly 08/22/2016

Comprehensive is a word frequently used to describe meticulous biographies, but it doesn't manage to evoke the level of detail in the Gelbs' third book on the life of legendary playwright Eugene O'Neill. In the book, which includes a staggering 74 pages of endnotes, the Gelbs analyze O'Neill's life from a different standpoint than in *O'Neill* and *O'Neill: Life with Monte Cristo*: that of his tumultuous relationships with three wives, most notably his third, Carlotta Monterey. Though the authors find time to touch on O'Neill's second marriage in an extended flashback (a bit confusing, given that the entire book is written in the present tense) and his complex history with his mother, his quarter-century with Carlotta dominates the text--years filled with alcoholic relapses and bitter antagonism. The authors shed new light on one especially terrifying night near the end of O'Neill's life using previously unpublished diary entries. This is a compelling examination of one of the 20th century's most passionate and troubled minds, and a prime example of expert, diligent, and wryly editorial biographical research. (Nov.)

Copyright 2016 Publishers Weekly, LLC Used with permission.

Deep Run Roots: Stories and Recipes from My Corner of the South

by Vivian Howard

Published 2016 by Little Brown and Company

Hardcover, English. ISBN: 9780316381109

[Find this book in our catalog.](#)

Jacket Notes:

THE NEW YORK TIMES BESTSELLER

WINNER OF AN ASTONISHING FOUR IACP AWARDS, INCLUDING COOKBOOK OF THE YEAR AND THE JULIA CHILD FIRST BOOK AWARD

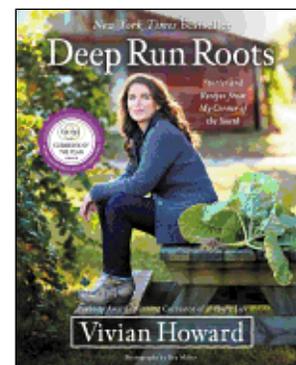
Vivian Howard, star of PBS's A CHEF'S LIFE, celebrates the flavors of North Carolina's coastal plain in more than 200 recipes and stories.

This new classic of American country cooking proves that the food of Deep Run, North Carolina--Vivian's home--is as rich as any culinary tradition in the world.

Organized by ingredient with dishes suited to every skill level--from beginners to confident cooks--DEEP RUN ROOTS features time-honored simple preparations alongside extraordinary meals from her acclaimed restaurant Chef and the Farmer. Home cooks will find photographs for every single recipe.

As much a storybook as it is a cookbook, DEEP RUN ROOTS imparts the true tale of Southern food: rooted in family and tradition, yet calling out to the rest of the world.

Ten years ago, Vivian opened Chef and the Farmer and put the nearby town of Kinston on the culinary map. But in a town paralyzed by recession, she



couldn't hop on every new culinary trend. Instead, she focused on rural development: If you grew it, she'd buy it. Inundated by local sweet potatoes, blueberries, shrimp, pork, and beans, Vivian learned to cook the way generations of Southerners before her had, relying on resourcefulness, creativity, and the traditional ways of preserving food.

DEEP RUN ROOTS is the result of years of effort to discover the riches of Eastern North Carolina. Like *The Fannie Farmer Cookbook*, *The Art of Simple Food*, and *The Taste of Country Cooking* before it, this is landmark work of American food writing.

Recipes include:

- Family favorites like Blueberry BBQ Chicken, Creamed Collard-Stuffed Potatoes, Fried Yams with Five-Spice Maple Bacon Candy, Chicken and Rice, and Country-Style Pork Ribs in Red Curry-Braised Watermelon,
- Crowd-pleasers like Butterbean Hummus, Tempura-Fried Okra with Ranch Ice Cream, Pimiento Cheese Grits with Salsa and Pork Rinds, Cool Cucumber Crab Dip, and Oyster Pie,
- Show-stopping desserts like Warm Banana Pudding, Peaches and Cream Cake, Spreadable Cheesecake, and Pecan-Chewy Pie,
- And 200 more quick breakfasts, weeknight dinners, holiday centerpieces, seasonal preserves, and traditional preparations for all kinds of cooks.

Interior photographs by Rex Miller. Jacket photograph by Stacey Van Berkel Photography. Illustrations by Tatsuro Kiuchi.

[Read or Write a Comment ►](#)

Publishers Weekly 10/03/2016

On the heels of her Peabody award-winning PBS show, *A Chef's Life*, restaurateur Howard (*Chef and The Farmer*) shares personal stories and 240 recipes inspired by fare from her hometown of Deep Run, N.C., in this outstanding debut. Returning home following a Manhattan culinary career, Howard reacquaints herself with regional dishes and ingredients of her youth, discovering a vibrant, multi-generational farm-to-table world. In odes to 25 local ingredients such as dried corn, watermelon, pecans, peanuts, beans and peas, sausage, and collards, recipes combine Howard's food memories with "modern sensibilities" and wisdom gained in professional kitchens. Fans of Southern cooking will find plenty of catfish, corn cakes, cast-iron skillet dishes, and cooking-with-Grandma stories--but it's not all biscuits and gravy. Recipes elevate fried green tomatoes with curried peach preserves and buttermilk whipped feta; okra gets tempura batter and tangy ranch dressing ice cream; oysters are transformed into a citrusy apple and scallion ceviche; and marinated turnips are dressed with orange, pumpkin seeds, and ginger-orange vinaigrette. Going beyond the glories of grits, Howard's text is storytelling at its best, rich in mouthwatering detail and reminiscences, though at times her lively anecdotes obscure the recipe directions. This tribute to her family roots is destined to become an enduring classic. (*Oct.*)

Copyright 2016 Publishers Weekly, LLC Used with permission.

[Sign up for KPL newsletters.](#)

[Email us if you'd like the Library to purchase a title.](#)

